



Your Careers Guidance Interview

A careers guidance interview is a one to one meeting between you and a trained guidance adviser. Your interview will last for about 30 minutes.

You and your adviser will agree what you'd like to talk about. Together you will make an action plan about your next steps.

You'll be able to talk about yourself and your future with someone who has time for you and wants to listen.

What will you discuss?

You might talk about:

- your favourite classes
- what else you're involved in at college
- progress with your qualifications
- what you enjoy doing in your spare time
- your strengths and skills
- your choices after college
- how to find out more about further learning and the world of work
- your hopes and dreams for the future

It's your choice!

You can discuss anything you'd like to.



How can it help you?

- It can give you new ideas to think about
- It can help to make choices clearer
- It can show you where to find the information you need
- It can help you understand how to make good choices
- It can help you feel more confident about yourself.

Your adviser is there for you.

Your interview is time just for you.



Be ready for your interview

- How are you doing with your qualifications?
- Do you have ideas and hopes about a career ?
- What's going well for you at the moment?
- Is anything getting in the way?
- How do you imagine yourself in five years' time?

Now... try to think of 3 useful questions you could ask at your interview.

We hope that your guidance interview will be helpful as you prepare for your next steps.

