



## Training/ Events Programme Spring Term 2020

Course /Event	Description	Who is the course for?	Date	Times	Venue	Cost Member	Cost Non-member
<b>Helping young people in crisis</b>	Delivered by Your Space therapies. This training offers a therapeutic perspective into children and adolescents who display crisis behaviours including self-harm, running away, destroying property and relationships. This course offers understanding about emotional regulation and thoughtful practical interventions that may help professionals connect with young people experiencing these harrowing feelings and behaviours.	Any education staff	13 <sup>th</sup> March 2020	9.30-11.30	Woodlands Meed school. School meeting room	£30	£50
<b>Zones of Regulation</b>	Delivered by Jane Crawford from the WSCC Social Communication Team. The Zones of Regulation programme is a systematic, cognitive behaviour approach used to teach self-regulation by categorizing all the different ways we feel and states of alertness we experience into four concrete zones. The Zones	Any school or early years staff	19 <sup>th</sup> March 2020	9.30-11.30	Woodlands Meed School. Performing Arts Room	£10	£20



	<p>curriculum provides strategies to teach students to become more aware of, and independent in controlling their emotions and impulses, managing their sensory needs, and improving their ability to problem solve conflicts/self-regulate. The training explains the background to the programme and why it is appropriate to support pupils with a range of difficulties including autism.</p>						
<b>Seesaw</b>	<p>Woodlands Meed use an app called Seesaw which is a digital portfolio we use school wide to document learning, share experiences and can form a quick and easy tool for communication with parents about classroom learning. Some SEND Alliance schools have started to use Seesaw, particularly with their children with an EHCP.</p> <p>During this session we will introduce how to use Seesaw effectively, including setting up classes and how to use the different features.</p>	School staff	29 <sup>th</sup> January 2020	9.30-10.30	Woodlands Meed School. School meeting room	Free to Alliance schools	



<p><b>Signing Awareness Course</b></p>	<p>Delivered by The Woodlands Meed School Communication Champion, and qualified tutor. This 9 week Signing awareness course is suitable for total beginners or those who already have some prior learning and would like a refresher.</p> <p>The course will give participants the knowledge of over 800 signs from Makaton stage 1-8 vocabulary plus many additional signs.</p> <p>In sessions participants will learn signs from each stage and then practise them by participating in a variety of tasks and activities.</p> <p>Attendees will be given printed copies of the signs taught.</p> <p>This is not a Makaton accredited course but participants will receive a certificate from the Meeds SEND Alliance.</p>	<p>Suitable for all family members / carers</p>	<p>23/1, 6/2, 13/2, 27/2, 5/3, 12/3, 19/3, 26/3 and 2/4</p>	<p>1.30-2.30</p>	<p>Woodlands Meed School</p>	<p>Free to families</p>	
<p><b>Sleep for families</b></p>	<p>Delivered by a WSCC trainer, the course will give families the opportunity to discuss sleep issues, learn about the basic science behind sleep, identify 1 focus area</p>	<p>Suitable for families. Up to 2 people per family can attend course</p>	<p>5<sup>th</sup> March 2020 with a follow up workshop on</p>	<p>9.45-12.45</p>	<p>Woodlands Meed School</p>	<p>Free to families</p>	



	to tackle first and empower participants with solutions, as well as discussing additional sources of support. There will be a follow up course to offer further support.		23 <sup>rd</sup> April 2020		Performing Arts Room		
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**To apply:** Please email [lcorbett@woodlandsmeed.co.uk](mailto:lcorbett@woodlandsmeed.co.uk) Please provide the name of participant, school (or other setting) and a contact email address. Please note payment will now be due upon booking. The Meeds SEND Alliance will invoice you. We are unable to provide refunds for cancellations with less than 1 months' notice or non-attendance.