



School Site: Chanctonbury Road, Burgess Hill, West Sussex, RH15 9EY
College Site: Birchwood Grove Road, Burgess Hill, West, RH15 0DP
Tel: 01444 244133 **Email:** office@woodlandsmeed.co.uk
Headteacher: Mr Adam Rowland

March 2024

Dear Parents/Carers

Your child will be participating in the Bikeability level 1 & 2 training course during the week starting Monday 15th April to Friday 19th April.

Please could you sign and return the completed consent form as soon as possible as without this your child will not be able to take part. A hard copy of this form will also be sent home with your child.

All training will be completed on the school playground/MUGA with only a very small minority possibly progressing to the quiet surrounding roads where appropriate.

Learners will be working on a very low ratio of one fully trained instructor to two children which means each child may only need to attend one intensive 2 hour session over the week. However, it may also be more suitable for your child to attend a combination of shorter sessions over the week. The sessions will therefore be tailored to meet the students' individual requirements and they will be accompanied by a familiar member of staff from school.

If appropriate, during the intensive session, the entire Level 1 (off-road) and level 2 (on-road) syllabus can be covered. For others, it may be a chance to just become familiar with a range of different bikes.

If possible, please can your child bring a bicycle helmet and a bike that is road-worthy on the Monday, and if it can remain in school for the week, that would be most helpful. If this is not possible, there will be bikes and helmets available from the organisers at Bikeability for your child to borrow, including a range of adapted cycles. We also have some brand-new bikes that may be suitable for your child to use.

Pupils should wear appropriate clothing for cycling and ensure they have wet weather clothing in case of rain.

Please see this link to the Bikeability magazine which outlines the course content as well as other safety advice: https://www.westsussex.gov.uk/media/11975/cycle_right.pdf

Bikeability club: Here is the link to the Bikeability club which your child can join if you want to receive newsletters with more information about Bikeability training, as well as useful hints and tips on riding together as a family and enjoying cycling after your Bikeability course, plus offers, promotions and other opportunities: <https://bikeability.org.uk/bikeability-club/>

If you have any questions, please do not hesitate to contact me.

Yours sincerely,

Penny Gittins
HLTA PE Specialist