



Bikeability is the Department for Transport's cycle training programme. Bikeability gives everyone the skills and confidence to enjoy all types of cycling, focusing on gaining practical skills and an understanding of how to cycle safely on today's roads. The Bikeability syllabus helps to ensure that young people feel confident and happy when riding. For some, this will be by learning how to ride a bike safely on the roads, but for many it will be more focussed on finding a bike that makes them want to ride. This could be anything from a two-wheeler, to a sports trike, to an adapted wheelchair bike, the list is endless!



Bikeability come to Woodlands Meed for one whole week during the summer term to work with our year 8 students. Each student is observed, and then given an appropriate bike for them to use during the week. They all start their training in our MUGA, with some progressing to the track around our field, and a few to cycling around the surrounding roads. This is a fantastic course that is tailored to meet the specific individual needs of each and every one of our students.

