

# SPECIAL SCHOOL MENU 2021/22

## WEEK 1

19th Apr - 10th May - 7th Jun -  
28th Jun - 19th Jul - 13th Sep  
- 4th Oct - 1st Nov - 22nd Nov  
- 13th Dec - 17th Jan - 7th Feb  
- 7th Mar

	MAINS	SIDES	DESSERT
<b>MON</b>	<b>Option 1:</b> Southern Spiced Burger in a Bap/ Potato Wedges	Broccoli Baked Beans	Strawberry Taco
	<b>Option 2:</b> Vegetable Goulash, Rice		
<b>TUES</b>	<b>Option 1:</b> Roast Pork, Roast potatoes	Swede, Cabbage	Fruity Yoghurt Crunch
	<b>Option 2:</b> Chickpea Roast, Roast potatoes		
<b>WED</b>	<b>Option 1:</b> Chicken & Spinach Lasagne, Garlic Bread	Carrots, Chef's Choice	Fruit Shortbread
	<b>Option 2:</b> Root & Lentil Casserole, Herby Diced Potatoes		
<b>THUR</b>	<b>Option 1:</b> BBQ Sausage, Mashed Potato	Cauliflower, Sweetcorn	Melon Slice, Milkshake
	<b>Option 2:</b> Quorn Curry, Rice		
<b>FRI</b>	<b>Option 1:</b> Salmon Fishcake, Herby Diced Sweet Potatoes	Roasted Root Vegetables	Chocolate & Banana Muffin
	<b>Option 2:</b> Chickpea Tagine		

## WEEK 2

26th Apr - 17th May - 14th Jun  
- 5th Jul - 2nd Sep - 20th Sep -  
11th Oct - 8th Nov - 29th Nov -  
4th Jan - 24th Jan - 14th Feb -  
14th Mar - 4th Apr

	MAINS	SIDES	DESSERT
<b>MON</b>	<b>Option 1:</b> Pizza	Peas & Sweetcorn, Carrots	Chocolate Brownie
	<b>Option 2:</b> Sweet & Sour Quorn, Rice		
<b>TUES</b>	<b>Option 1:</b> Chicken Meatballs, Mashed Potato	Country Mixed Vegetables	Lemon Iced Buns
	<b>Option 2:</b> Bean Chilli Jacket Potato		
<b>WED</b>	<b>Option 1:</b> Roast Gammon, Roast Potatoes	Carrots, Cabbage	Pear Turnover
	<b>Option 2:</b> Lentil Roast, Roast Potatoes		
<b>THUR</b>	<b>Option 1:</b> Beef Bolognese, Pasta	Cauliflower, Green Beans	Fruit Flapjack
	<b>Option 2:</b> Quorn Pie, Potato Wedges		
<b>FRI</b>	<b>Option 1:</b> Tuna Pasta Bake, Herby Diced Sweet Potatoes	Roast of vegetables Chef's Choice	Chef's Choice Fruit & Coconut Crumble & Custard
	<b>Option 2:</b> Vegetable Goujons, Pasta		

## WEEK 3

3rd May - 24th May - 21st  
Jun - 12th Jul - 6th Sep - 27th  
Sep - 18th Oct - 15th Nov -  
6th Dec - 10th Jan - 31st Jan  
- 28th Feb - 21st Mar

	MAINS	SIDES	DESSERT
<b>MON</b>	<b>Option 1:</b> Macaroni Cheese, Pasta	Broccoli, Baked Beans	Chef's Choice Fruit Cookie
	<b>Option 2:</b> Quorn Hotdog Twist, Potato Wedges		
<b>TUES</b>	<b>Option 1:</b> BBQ Chicken, Herby Diced Potatoes	Cauliflower, Sweetcorn	Pineapple Upside Down Cake, Custard
	<b>Option 2:</b> Mushroom & Lentil Bolognese, Pasta		
<b>WED</b>	<b>Option 1:</b> Beef Lasagne, Garlic Bread	Carrots, Peas	Peach Cheesecake
	<b>Option 2:</b> Spinach Frittata, Garlic Bread		
<b>THUR</b>	<b>Option 1:</b> Roast Chicken, Roast Potatoes	Swede, Cabbage	Iced Fruit Smoothie
	<b>Option 2:</b> Quorn Roast, Roast Potatoes		
<b>FRI</b>	<b>Option 1:</b> Fish Fingers, Wrap	Country Mixed Veg	Chef's Choice Fruit Pie, Custard
	<b>Option 2:</b> Bean Wrap, Chips		



Tough standards. Tender results.



AVAILABLE DAILY:  
FRESHLY BAKED BREAD AND CHILLED MILK OR WATER.  
ADDITIONAL DESSERT OPTIONS - FRESH FRUIT AND  
FRUIT YOGURT

# SPECIAL SCHOOL MENU 2021/22

Welcome to your new school meals menu. School meals are free for all pupils in Reception, Year 1 and Year 2 and for pupils who are entitled to Free School Meals (FSM). For pupils in other years meals can be ordered, and paid for at the school office.

## HOW DO I ORDER AND PAY FOR A SCHOOL MEAL?

All meals must be ordered at your school office. If you are entitled to FSM or your child is in Reception, Year 1 or 2 the school will order for you with the kitchen and you do not need to contact the school after your initial order.

## WHAT HAPPENS IF MY CHILD IS SICK AND CANNOT ATTEND SCHOOL?

Please contact the school office as soon as possible to inform them your child will be absent and will not require their meal.

## WHAT HAPPENS IF MY CHILD HAS A SCHOOL TRIP?

FSM and pupils in Reception, Years 1 & 2 will be provided with packed meals on trip days, the school will order this with the kitchen. Paid meals should be ordered with your school as usual.

## KEY CONTACTS:

Orders / Payments / Cancellations - Your school office.

Special Diets - Your school office in the first instance.

Office Hours - School opening hours.

Compliments / Complaints / Feedback - [catering.advisory.service@westsussex.gov.uk](mailto:catering.advisory.service@westsussex.gov.uk)

## LUNCH TIME

### AS PART OF OUR COMMITMENT TO GREAT SCHOOL MEALS WE;

- Work with the Lead Association for Catering in Education (LACA) to ensure that our menus comply with the Government's School Food Standards and are proud to display LACA endorsement on our menus.
- Can work with you and the school to tailor your child's menu to support their medically prescribed special diet. Please ask for a Special Diet Request Form from the school office, once completed return with the medical evidence to the school office. This request will then be passed to and reviewed by the Catering Team and where possible a special diet meal will be provided.
- Have reduced sugar, salt and fat content on our menu.
- Produce meals in school by our highly trained and award winning teams.
- Work with schools to support your child's lunchtime experience.



### Are you claiming your free school meal?

If you are in receipt of certain benefits your child may be entitled to Free School Meals (FSM).

Visit [www.westsussex.gov.uk](http://www.westsussex.gov.uk) for more information.

01243 752 835 or  
[fsm@westsussex.gov.uk](mailto:fsm@westsussex.gov.uk)