

# Special School Menu 2026/27



## Special School Meal Information

Welcome to your new School meals menu for 2025/26. School meals are free for all pupils in Reception, Year 1, and Year 2 and for pupils who are entitled to Free School Meals. For pupils in other years meals can be ordered and paid for via the school.

Catering Services work with the Lead Association for Catering in Education (LACA) to ensure that our menus comply with the Government's School Food Standards. We have reduced sugar, salt and fat content on our menu and support local suppliers providing fresh meat and vegetables. Our meals are produced in school by our award-winning teams to support your child's lunchtime experience. We have recently partnered with ProVeg helping to make changes to our menu that can have a significant impact on children's health and the health of the planet.

### How do I order and pay for a School meal?

All meals must be ordered via your school payment system please contact your school administrator. If you are entitled to Free School Meals or your child is in Reception, Year 1 or 2 the school will order for you direct to Catering Services and you do not need to contact the school after your initial order.

### What happens if my child is sick and cannot attend School?

Please contact the school office as soon as possible to inform them your child will be absent and will not require their meal.

### What happens if my child has a school trip?

Free School Meals and pupils in Reception, Years 1 & 2 will be provided with packed meals on trip days, the school will order directly with Catering Services. Paid meals should be ordered with your school as usual.

### What if I require a special medical diet?

We can work with you and the school to support a medically prescribed special diet. Please ask for a Special Diet Request form from the school office, once completed return with the medical evidence to the school office. This request will then be passed to and reviewed by the Catering Services team and where possible a special diet meal will be provided.

### How much does a school meal cost?

A school meal is currently £2.95, this may be subject to change in September 2026.

### Free School Meals Eligibility

We would like to remind you that some families are entitled to Free School Meals.

There are two important reasons why families should register for Free School Meals:

- students who are eligible receive a fresh nutritious hot Free School Meal every day.
- schools receive additional funding from the government for each eligible student who claims the Free School Meal allowance, even if the student does not regularly eat a meal.

The process for parents to submit applications for Free School Meals is now entirely online, and so schools will be unable to provide hardcopy forms or submit your application form for you. This system gives families an instant indication as to whether their child is eligible for Free School Meals and ensures that eligible children receive their entitlement as quickly as possible.

Link to the online Free School Meal application form: [Free school meals - West Sussex County Council](#)

The Catering Services Free School Meal team will then run further checks and confirm the outcome via email. You can contact the Catering Services Free School Meal team directly on 0330 222 5555 or at [fsm@westsussex.gov.uk](mailto:fsm@westsussex.gov.uk) for further assistance.

### Other key contacts:

- Orders / Payments / Cancellations - Your school office.
- Special Diets - Your school office in the first instance.
- Catering Services Office Hours – 09.00 – 17:00, Mon-Fri.
- Compliments / Complaints/ Feedback

[catering.advisory.service@westsussex.gov.uk](mailto:catering.advisory.service@westsussex.gov.uk)

# Special School Menu 2026/27



Week 1			
13th Apr, 5th May, 1st Jun, 22nd Jun, 13th Jul, 7th Sep, 28th Sep, 19th Oct, 16th Nov, 7th Dec, 11th Jan, 1st Feb, 1st Mar, 22nd Mar			
	MAINS	SIDES	DESSERT
<b>MON</b>	<b>Option 1:</b> Classic Macaroni Cheese V  <b>Option 2:</b> Hearty Lentil Shepherdess Pie VE	Country Mixed Vegetables VE	Yoghurt & Fruit V
<b>TUES</b>	<b>Option 1:</b> Chicken & Bean Curry & Rice  <b>Option 2:</b> Flaky Quorn Twists VE	Mashed Potatoes VE  Cauliflower VE & Sweetcorn VE	Peach Upside Down Sponge V & Custard V
<b>WEDS</b>	<b>Option 1:</b> Beef Cobbler  <b>Option 2:</b> Golden Lentil Roast v	Roast Potatoes  Swede VE & Chefs Choice Vegetables VE	Chocolate Shortbread VE
<b>THURS</b>	<b>Option 1:</b> Pork Sausages Pasta  <b>Option 2:</b> Crunchy Vegetable Goujons VE	Diced Potato VE  Carrots VE & Green Beans VE	Date & Chocolate Swirls V
<b>FRI</b>	<b>Option 1:</b> Salmon Fish Cake  <b>Option 2:</b> Cheesy Jacket Potato V	Herby Dice VE  Broccoli VE & Baked Beans VE	Apple Flapjack VE

Week 2			
20th Apr, 11th May, 8th Jun, 29th Jun, 20th Jul, 14th Sep, 5th Oct, 2nd Nov, 23rd Nov, 14th Dec, 18th Jan, 8th Feb, 8th Mar			
	MAINS	SIDES	DESSERT
<b>MON</b>	<b>Option 1:</b> Quorn Southern Spiced Burger in a Bun V  <b>Option 2:</b> Golden Cheese & Onion Frittata V	Wedges Sweetcorn VE & Cauliflower VE	Fruit Smoothie VE
<b>TUES</b>	<b>Option 1:</b> Chicken & Thyme Pie  <b>Option 2:</b> Beanie Pasta Bake VE	Country Mix Vegetables VE	Lemon Drizzle Cake V
<b>WEDS</b>	<b>Option 1:</b> Beef Lasagna & Garlic Bread  <b>Option 2:</b> Soy Power Balls in Tomato Sauce V	Mashed Potato VE  Peas & Chefs Veg Choice VE	Pear Pastry Puffs VE
<b>THURS</b>	<b>Option 1:</b> Roast Chicken  <b>Option 2:</b> Roasted Quorn Fillet VE	Roast Potatoes VE  Swede VE & Broccoli VE	Fruity Ginger Sponge & Custard V
<b>FRI</b>	<b>Option 1:</b> Crispy Coated Fish Fingers  <b>Option 2:</b> Saucy Mixed Bean Chilli & Rice VE	Chipped Potatoes VE  Carrots VE & Mushy Peas VE	Mini Shortbread & Fruit Portion VE

Week 3			
27th Apr, 18th May, 15th Jun, 6th Jul, 1st Sep, 21st Sept, 12th Oct, 9th Nov, 30th Nov, 4th Jan, 25th Jan, 22nd Feb, 5th Mar			
	MAINS	SIDES	DESSERT
<b>MON</b>	<b>Option 1:</b> Cheese, Tomato & Pepper Pizza Slices V  <b>Option 2:</b> Boston Quorn & Beans V	Herby Diced Potatoes VE  Peas & Sweetcorn VE & Carrots VE	Banana Muffins V
<b>TUES</b>	<b>Option 1:</b> Roast Chicken  <b>Option 2:</b> Crispy Chickpea Roast VE	Roast Potatoes VE Cabbage VE & Swede VE	Fruit Crumble & Custard V
<b>WEDS</b>	<b>Option 1:</b> Shepards Pie  <b>Option 2:</b> Warm Root & Lentil Casserole VE	Boiled Potato VE  Carrots VE & Cauliflower VE	Sultana Cookie & Flavored Milk V
<b>THURS</b>	<b>Option 1:</b> Hawaiian Street Pan Chicken & Rice  <b>Option 2:</b> Cheesy Jacket Potatoes V	Broccoli VE & Baked Beans VE	Fruity Jelly V
<b>FRI</b>	<b>Option 1:</b> Tuna Pasta Bake  <b>Option 2:</b> Crunchy Vegetable Goujons VE	Mashed Potato VE  Country Mixed Vegetables VE	Chocolate Brownie V



**FRESHLY BAKED BREAD V, WATER AND MILK V AVAILABLE DAILY. ADDITIONAL DESSERT OPTIONS - FRESH FRUIT VE & FRUIT YOGHURT. V VEGETARIAN & VE VEGAN OPTIONS**

