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Headteacher: Mr Adam Rowland

4th January 2024

Dear Parents/Carers

Relationship and Sex Education Key stage 5

As you are aware, Relationships and Sex Education (RSE) became a statutory part of the National Curriculum in September 2020. As part of our school's wider Personal, Social, Health and Economics Education (PSHE) programme, your young person will receive RSE lessons.

The purpose of the curriculum is to provide knowledge and understanding of safe and healthy relationships, based on respect. We have designed a positive curriculum to help students understand all aspects of their health, including their relationships and sexual health, and how this relates to their lives now and in the future.

During the spring term the year 13 and 14 pupils will learn about 'Journey to Parenting', this unit includes the follow content:

- The effect of good parenting on family life.
- The qualities they feel make someone a good parent.
- The opportunities being a parent provides and the things they might have to, or choose to give up should they chose to become a parent in future.
- How they might know when, if at all, they are ready to become a parent and identify experiences they would like to have first.
- Alternative ethical opinions about abortion and the legal status of abortion in the UK, including time limits and accepted reasons.
- The physical and emotional consequences of choosing to have an abortion.
- Know what contraception can be used to prevent an unwanted or unplanned pregnancy.
- Sources of advice and support and ways to access help.

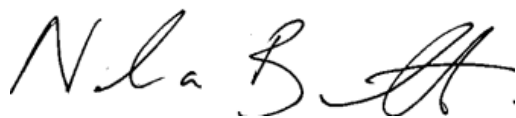
The first lesson will be an assessment of the pupils so that we can further tailor the learning to meet their needs and we can find out what they would like to know more about in RSE. The last lesson will also be an assessment to establish what the students have learned and to allow the staff to evaluate with the students how to improve RSE lessons in the future.

You may find that your young person asks questions about a topic at home, and therefore you may want to take the opportunity to discuss topics with your young person.

You can find the Woodlands Meed RSE policy via this link:
<https://www.woodlandsmeed.co.uk/page/?title=Policies&pid=126>

If you have any queries about the content of the programme, or resources used, please speak to your child's class teacher.

Best wishes,

A handwritten signature in black ink, appearing to read 'Nola Bennett'. The signature is written in a cursive style with a large initial 'N' and a long, sweeping underline.

Nola Bennett