



**School Site:** Chanctonbury Road, Burgess Hill, West Sussex, RH15 9EY  
**College Site:** Birchwood Grove Road, Burgess Hill, West, RH15 0DP  
**Tel:** 01444 244133 **Email:** office@woodlandsmeed.co.uk  
**Headteacher:** Mr Adam Rowland

11<sup>th</sup> March 2024

Dear Parents & Carers,

There has been 3 confirmed cases of Chickenpox on our school site.

For those children who have not had Chickenpox yet please be vigilant for any red itchy spots appearing, children may also have a high temperature and be reluctant to eat or drink.

There is an incubation period of a few days before the spotting rash appears and then may blister. Chicken Pox remains infectious until the last spot is crusted over (5-6 days). Public Health England recommends that pupils remain off school until all the spots have crusted over.

If you are concerned about your child or are unsure if the rash is chickenpox, please contact your GP/pharmacist for advice.

General advice is to encourage your child to drink plenty of fluids, eat little and often. Calpol/Paracetamol 4-6 hourly (following manufacturers guidance of no more than 4 doses in any 24-hour period) will help alleviate discomfort and help reduce temperature. Recent advice from the NHS is **not** to give your child Ibuprofen.

If you require any further information please visit the NHS Choice website:  
<http://www.nhs.uk/Conditions/Chickenpox/Pages/Introduction.aspx>

If you have any questions, please do not hesitate to contact us.

Yours faithfully

Special School Nursing Team.