



School Site: Chanctonbury Road, Burgess Hill, West Sussex, RH15 9EY
College Site: Birchwood Grove Road, Burgess Hill, West Sussex, RH15 0DP
Tel: 01444 244133 **Email:** office@woodlandsmeed.co.uk
Headteacher: Mr Adam Rowland

18th April 2024

Dear Parents/Carers,

Re: RSE (Relationship, Sex Education)

In the Summer term your son/daughter will be taking part in a bespoke RSE programme as part of our Relationship, Sex Education (RSE) curriculum using the Jigsaw Programme. These lessons have been created to meet the needs of Key Stage Three students at Woodlands Meed School. The aim of the lessons is to expand the students' knowledge, understanding and confidence of what it means to build and maintain safe and healthy relationships, and to give the young people the knowledge and confidence to speak out, and know where to go for support, if they find themselves in a situation that makes them feel uncomfortable.

Some of the topics which will be covered in year 9 this term are as follows:

- Power in Relationships
- Assertiveness and saying no
- Contraception
- Consequences of unprotected sex

Staff are supporting students with many of these issues throughout the year and we know you are regularly discussing with your son/daughter many of these issues too. We hope to provide the students with a supported safe space to develop their understanding of the above themes.

More information about RSE at Woodlands Meed can be found here: [Woodlands Meed - Relationship Education](#). If you have any questions about the programme or would like further information, please don't hesitate to contact me.

Yours faithfully

Yasmine Joy (KS3 PSHE Lead)