



**School Site:** Chanctonbury Road, Burgess Hill, West Sussex, RH15 9EY  
**College Site:** Birchwood Grove Road, Burgess Hill, West, RH15 0DP  
**Tel:** 01444 244133 **Email:** office@woodlandsmeed.co.uk  
**Headteacher:** Mr Adam Rowland

September 2025

## **Nut Allergy**

Dear Parent / Guardian

I am writing to inform you that we have pupils in the college with severe nut allergies. For these pupils coming into contact with nuts can cause a potentially life threatening anaphylactic reaction. This reaction can be induced by smell, touch or ingestion of nuts.

In order for us to reduce the risk at, we would be very grateful if you could refrain from sending your child to college with nuts, or any product containing nuts, for consumption at break or lunch time. We understand that some pupils may only eat a limited diet in their packed lunch, therefore, if this is a problem do not hesitate to get in touch with us so that we can find a safe solution.

We thank you in advance for your co-operation and support regarding this matter. If you have any questions or concerns, please feel free to contact either myself or the School Nurses.

Yours faithfully

**Gillian Barton**  
**Deputy Head Teacher**