School Site: Chanctonbury Road, Burgess Hill, West Sussex, RH15 9EY
College Site: Birchwood Grove Road, Burgess Hill, West, RH15 0DP
Tel: 01444 244133 **Email:** office@woodlandsmeed.co.uk
Headteacher: Mr Adam Rowland

25th March 2026

Dear Parents and Carers

Forest School for Rabbit Class

Your child will be taking part in Forest School weekly on Mondays during the Summer term. This will take place on the school grounds.

Please can you make sure you send your child in with weather appropriate clothing such as a waterproof coat, gloves and hat for when it is cold and wellies due to the nature of the activities, please only send in clothes that you do not mind getting dirty.

Forest School provides children with the opportunity to explore and play in the natural environment. It works with children's intrinsic motivation to learn; we are lucky enough to have a lovely area with oak trees to hold forest school sessions in. The Forest School ethos is child-centred, and lessons are planned around the children's interests. At Forest School children work together on tasks which help to develop resilience, self-esteem, confidence, and social skills. It also helps each child develop a positive relationship with the natural world at the same time as having fun and enjoying themselves.

The activities undertaken will depend on the group but here are some examples; den building, woodland craft, games, tool use, knots and team building activities.

Yours sincerely

Naomi Blee
Forest School Leader