



School Site: Chanctonbury Road, Burgess Hill, West Sussex, RH15 9EY
College Site: Birchwood Grove Road, Burgess Hill, West, RH15 0DP
Tel: 01444 244133 **Email:** office@woodlandsmeed.co.uk
Headteacher: Mr Adam Rowland

24th April 2026

Dear Parent/Carer,

Residential Trip to Blackland Farm Outdoor Centre, East Grinstead 15th – 17th June 2026

Thank you for all those who attended the parents meeting on Tuesday 14th April, If you were unable to attend please [Click here](#) to view the recording. We have also attached a copy of the presentation for your information.

Please find attached a Kit List of the items your child needs to bring with them for the residential, If you're having any trouble in obtaining anything on the kit list, please let us know as soon as possible.

Medical Forms

- **Consent Form A Prescribed Medication** – this is for any medication that has been prescribed by a doctor including rescue medication (one form will need to be completed per medication taken) All medication must be in its original packaging with the patient label attached
- **Consent Form B Paracetamol, Ibuprofen & Antihistamine** – this is for any over the counter pain relief that your child may require (these will be supplied by woodlands meed)
- **Consent Form C Non-Prescribed** – this is for over-the-counter medication that does not fall under consent form B such as travel sickness medication (one form will need to be completed per medication taken) All medication must be in its original packaging with the patient information leaflet

Please return these medical forms no later than **Monday 8th June**, if you require additional copies of these forms then please contact the office.

Medications

Please send in all required medication in their original packaging along with the information leaflet and patient label attached. Please make sure that the label and dosage on the box matches what you have put on the medical consent forms. All medication needs to be dropped off into reception by **Thursday 11th June**.

Luggage

Please can pillows, sleeping bags and camp beds be brought into college on **Friday 12th June** and all other items on Monday 15th June.

If your child comes in on school transport, please ask the transport provider if it is okay for your child to bring their luggage in on the bus over the two days.

Canoeing & Kayaking Activities

We need to know how confident your young person is in the water for these activities, please can you [click here](#) to complete the survey monkey.

Yours sincerely,

Nola Bennett
Trip leader

Residential Kit List

- Packed lunch for Day One
- Camping only: **Camp bed**
- Sleeping bag and pillow, Blanket
- Nightwear
- Warm clothing
- Sunhat, sunscreen
- Torch and batteries
- Waterproof clothing
- Appropriate active wear (no jeans!)
- Clothing to cover shoulders, midriff, and upper thighs for activities
- Wet weather shoes / Wellingtons
- Bin liners for packing wet clothing
- Towel
- Reusable water bottle
- Toiletries
- Watersports: Old trainers (not crocs or flip flops), swimwear, towel.
- Optional: Money for on-site shop (recommended amount £10)

Day Visit Kit List

- Packed lunch
- Warm / waterproof clothing
- Sunhat, sunscreen
- Appropriate active wear (no jeans!)
- Tshirts/ tops must cover shoulders
- Reusable water bottle
- Optional: Money for on-site shop (recommended amount £10)

You are advised to clearly mark all property. We strongly advise that valuable items should not be brought to the course as we cannot guarantee or be liable for their safety from theft or damage.

SAMPLE MENU

!! IMPORTANT - PLEASE READ !!

THE FOLLOWING DISHES REPRESENT A SELECTION OF MEALS THAT MAY BE SERVED DURING YOUR STAY.
YOU MAY NOT RECEIVE ALL ITEMS LISTED DURING YOUR STAY.
PLEASE NOTE THE MENU IS SUBJECT TO CHANGE AT ANYTIME.

BREAKFAST

AVAILABLE EVERYDAY -

AN ASSORTMENT OF:

- PASTRIES
- CEREALS
- YOGHURT
- FRUIT
- BREAD
- BUTTER & JAMS

LUNCH

EACH LUNCHTIME ONE OF THE FOLLOWING
OPTIONS WILL BE PROVIDED:

- JACKET POTATOES WITH ASSORTED FILLINGS
- BAGELS WITH ASSORTED FILLINGS
- SOUP OF THE DAY
- CHEESE & TOMATO PIZZA
- HOMEMADE SAUSAGE ROLLS
- CHICKEN BURGERS
- FISH GOUJON BAPS

AVAILABLE EVERYDAY:

- SALAD BAR
- ONE SWEET TREAT
- FRUIT

DINNER

EACH EVENING ONE OF THE FOLLOWING OPTIONS
WILL BE PROVIDED:

- CHILLI CON CARNE
- SAUSAGE & MASH
- PASTA BOLOGNESE
- CHICKEN FAJIATAS
- MACARONI CHEESE
- COTTAGE PIE
- CHICKEN CASSEROLE

AVAILABLE EVERYDAY:

- SALAD / VEGETABLE BAR
- ONE SWEET TREAT
- FRUIT

