

Weekly Bulletin



Diary Dates	
18 th – 22 nd May	Key Stage 3 Activity Week
20 th May	Parallel Youth Games – K2 Crawley
20 th May	Year 9 parent presentation 9.30am (college site)
20 th – 22 nd May	ELDERFLOWER Fields Festival (Year 9)
21 st May	Blossoms and Brews KS4/5 Enterprise event
25 th – 29 th May	HALF TERM
01 st June	Year 8 HPV Vaccine Catch up session
01 st June	Year 9 Td/IPV and MenACWY Catch up session
02 nd June	Team picnics School & College Site - PM
04 th June	Interview Skills Workshop MJC

Letters sent this week
Fox Class trip to Bedelands Nature Reserve, Burgess Hill 12.05.26
5EM Trip to Brooklands Park, Lancing 22.05.26
Blossoms & Brews Enterprise Summer Soiree 21.05.26
Blossoms and Brews 2026
Badger Class Trip to Drusillas – 08.07.26
Rabbit Class Trip to Washbrooks Farms – 01.06.26
Rabbit Class Trip to Brooklands Park & Shoreham Beach – 11.06.26
Mountain & Lake Class Trip to Sussex County Cricket Ground, Hove – 03.06.26
Year 5 & 6 Hindleap Residential 30 th June – 02 nd July 2027
College Swimming Monday Group Summer Term 2
KS3 Lifeskills Enrichment – 09.06.26 & 07.07.26
5AJ Trip to Kings Weald, Burgess Hill – 19.05.26
4BG & 4LH Class trip to Out of Bounds, Angmering – 13.07.26

<p><u>Lunch Menu</u></p> 	<p><u>Copies of letters</u></p> 	<p><u>Term Dates</u></p> 
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DIARY DATES AUTUMN TERM 26-27

1 st September	Inset Day – School and College shut to pupils
2 nd September	Inset Day – School and College shut to pupils
3 rd September	Welcome sessions for NEW pupils at college site only – 10am – 12pm
3 rd September	Welcome sessions for NEW pupils at school site only – 1pm to 3pm
4 th September	School site first day of term for all pupils
4 th September	College site first day of term for all pupils
18 th September	Jeans for Genes Day – both sites
21 st September	Nasal Flu Vaccine Reception – Yr11
23 rd September	School Photos at School Site
24 th September	School Photos at College Site
22 nd October	Harvest Festival School Site (primary only)
26 th – 30 th October	Half Term
2 nd – 6 th November	KS3 Humanities Week
3 rd November	New Parents Meeting/Coffee at School Site - 9.30am
4 th November	M&M Productions – Robin Hood Pantomime (School Site) 09:30am
5 th November	Inset Day
10 th November	Parents' Evening at School & College Site
10 th November	Time 4 Transition Careers event for Year 9, KS4 and KS5 pupils and families
WB 16 th November	Anti – Bullying Week (Well-being teams)
17 th November	Odd Socks Day – School & College
20 th November	BBC Children in Need Day
26 th -29 th November	Burgess Hill Town Christmas Village Market (Key Stage 5 Enterprises)
30 th November	College Assessment Week
8 th and 9 th December	KS3 Christmas Performance at School – 2pm
10 th December	Orange Pathway College My Creativity Performance - 2.30pm
10 th December	Primary Christmas Performance at School – 2pm
11 th December	Christmas Jumper Day for Save the Children
15 th December	Christmas Lunch at School Site
16 th December	Pupil Christmas Pantomime at College Site
17 th December	Christmas Lunch at College Site
18 th December	Last Day of Term

Active 30

Active 30 is a government initiative to help children become fitter and healthier. It directs schools to provide 30 minutes of active time (in addition to playtimes and scheduled PE) each school day. Families are responsible for encouraging their children to become more active for an additional 30 minutes at home. With this in mind, we are supporting families by providing a suggested weekly activity for children to do at home which requires no specialist equipment, but maybe a bit of creativity to deliver it. If you would prefer to do your own activity, that is fine. It is not compulsory, but it would be great for as many students as possible to participate. Please put any photos taken on Seesaw and tag Active Time.

Rock, Paper, Scissors



Get Set 4
Education

People: 2

How to play:

- Face each other and jump on the spot three times before jumping on the fourth jump either with your feet landing together to represent 'rock', jump with your feet straddled wide to represent 'paper', or jump with your feet one forwards and one back to represent 'scissors'.
- Rock beats scissors, scissors beats paper and paper beats rock.



www.getset4education.co.uk

Well Being Weekly

MENTAL HEALTH AWARENESS WEEK
11-17 MAY 2024

5 daily actions to boost your mental health




Try stepping outside for a breath of fresh air before eating lunch or going for a walk on the weekends.



Spending time with friends, family and loved ones can help you feel happier, more connected and less alone.

MENTAL HEALTH AWARENESS WEEK
11-17 MAY 2024

ACTION
FOR YOURSELF
FOR SOMEONE ELSE
FOR ALL OF US.



Being physically active, eating a healthy, balanced diet and getting good quality sleep can help boost mental wellbeing.



Picking up creative activities, such as knitting or writing, can help ease stress and anxiety by letting you take a step back and relax.



Finding time to relax each day can help you feel better if you're stressed or worried.

MENTAL HEALTH AWARENESS WEEK
11-17 MAY 2024

ACTION
FOR YOURSELF
FOR SOMEONE ELSE
FOR ALL OF US.

Need support this Mental Health Awareness Week?

Here's where to turn

<p>SAMARITANS</p> <p>116 123 (free to call) (Open 24/7) samaritans.org</p>	<p>Rethink Mental Illness</p> <p>0808 801 0625 (Open 9:30am-4pm, weekdays) rethink.org</p>	<p>THE MIX</p> <p>Online discussion forums for under 25s (Free and open 24/7) themix.org.uk</p>
<p>CAMPAIGN AGAINST LIVING MISERABLY</p> <p>0800 58 58 58 (Open 5pm-midnight, everyday) thecalzone.net</p>	<p>shout 85258</p> <p>Text SHOUT to 85258 (Free and open 24/7) giveusashout.org</p>	<p>YOUNGMINDS</p> <p>Parents helpline 0808 802 5544 (Open 9:30am-4pm, weekdays) youngminds.org.uk</p>

If you need support this Mental Health Awareness Week

	0300 102 1234 Open 9am-6pm weekdays
SAMARITANS	116 123 Always open
CAMPAIGN AGAINST LIVING MISERABLY	0800 58 58 58 Open 5pm - midnight
If you're in Wales: 	0800 132 737 Always open
If you're under 25: THE MIX	Text THEMIX to 85258 Always open

Do you have a child with SEND?



West Sussex Parent Carer Forum (WSPCF) is an organisation for parent carers of children and young people aged 0-25 with special educational needs and/or disabilities (SEND).

We provide parent carers with information, support and events that equip them in their lifelong caring role and empowers them to participate in shaping services for their children and young people.



Become a member!

Come and be part of our parent carer community, it's quick, free and easy to join!

Parents & professionals
sign up at: www.wspcf.org.uk

Scan to join!



FOLLOW US:



Teddy Bears Picnic

Friday 21st August 12pm-2pm
Beech Hurst Gardens, Haywards Heath

Bring your own picnic blanket and your teddy bears to the picnic
We will be providing a small packed lunch, free ice cream* and a small teddy bear for children up to the age of 10 years

Tickets will be released in waves to ensure they are available to more people.
Release dates- 3rd August at 9am, 4th August at 2pm and 5th August at 5pm.
Tickets must be booked via eventbrite*.

If you don't get a ticket, you're welcome to attend, but Food will not be provided.

Emergency Services

Sensory Play

Miniature Railway

Fairground Rides

Magician

Soft Play

and more!



Organised by-



In partnership with-



HAYWARDS HEATH
TOWN COUNCIL

*Please note- Tickets are free but MUST be purchased in advance, tickets are required for children aged 0-10. Parents/ guardians do not require a ticket. One free ice cream per ticket booked.

Disability Register Newsletter



Half-term Crafternoons at Burgess Hill and Bognor Regis Libraries



Join our lovely library colleagues at [Burgess Hill Library](#) and [Bognor Regis Library](#) for some relaxed activities including paper crafts, Lego, friendship bracelets and more. Suitable for ages 11 – 17

Burgess Hill

Thursday 28 May 2.30 – 4.00pm

Bognor Regis

Saturday 30 May 2.30 – 4.00pm


These are **free** events, [book online to reserve your place](#) or just drop-in.


For more information please contact either [Burgess Hill](#) or [Bognor Regis Library](#).

Travel Made Easier for You!



If you have a disability, you could enjoy great savings on public transport.

 [Disabled Person's Bus Pass](#) - free bus travel on journeys starting in West Sussex at any time, and on journeys starting outside the County after 9.30am. You can also apply for a Companion pass, which allows a parent/carer to accompany a young person free of charge.

 [Disabled Person's Railcard](#) - get 1/3 off train fares for the cardholder and one accompanying person, making rail travel more affordable.

SEND Stay and Play at Horsham Family Hub



As part of the new **BEST START IN LIFE** hubs [Horsham Family Hub](#) are introducing a **SEND Stay and Play** session.

Each session will be a safe space for play, development and meeting other families.

Open to all families with children with Special Educational Needs and Disabilities up to 11 years old and their siblings.

Wednesday 27 May 10.00 - 11.30am or 1.00 - 2.00pm

Call **01403 213590** to book your **free** place

Aspens May half-term Survival Camp



Join the **Aspens** team in the May half-term holiday at Dapper Lane Angmering for a **family style survival camp**, you can expect:

- Shelter Building
- Fire Lighting
- Orienteering and Scavenger Hunt
- Bow Saw, Drill and forest crafts
- Marshmallows

Friday 29 May
10.00am – 3.00pm
£18 per family

Book here for the [Family Survival Camp](#)

[Aspens website newsletter sign up](#)

Relaxed Performance at Ifield Barn Theatre



[Autism Support Crawley](#) are really proud to be working with the wonderful people at **Ifield Barn Theatre** supporting them with their first ever **Relaxed Performance**.

It's an absolute joy to see how passionate they are to create a supportive, inclusive environment and production.

There are two relaxed performances of ***The Lion, The Witch and The Wardrobe*** on **Sunday May 17** at 2.00pm and 6.00pm

Tickets are heavily discounted at just **£7 per person** (instead of the usual £15) and can be **purchased online** via the link below

[Ifield Barn Theatre event tickets from TicketSource.](#)

The Crawley Wheels for Wellbeing holiday sessions are back for 2026

 **Crawley Wheels for Wellbeing** 

Come and try out our purpose-built track and range of adapted bikes for people with disabilities.

Who can come?

Young people aged 8 to 18.

When are the sessions?

All sessions run from the new time of 12pm to 1.30pm on the following Fridays:

- 29 May
- 24, 31 July
- 7, 14, 21 and 28 August

How much does it cost?

- Each session costs £5.50
- Please bring cash and pay on the day
- You do not need to book, just turn up

Want more information?

Email: matt.laird@crawley.gov.uk



Holiday Club+ with THINK 18

THINK 18 have a **Holiday Club** for young people and adults aged 16 – 35 years.



THINK 18
HOLIDAY CLUB+
16 - 35 YEARS
Joining us is more accessible than ever!

ACTIVITIES	WEEKENDS
<ul style="list-style-type: none">• Creative Workshops• Active Days• Theatre Trips• Musical Theatre DAYS Workshops• Cinema and bowling• Golf, Basketball & more!	<p>SATURDAY ACTIVE 9.45am - 12</p> <p>SUNDAY'S THINKPERFORM Dance, Sing & Perform 9.45am - 12</p>

GREAT ACTIVITIES FOR LEARNING DISABILITIES

Activities include:

- Creative workshops
- Active days
- Theatre trips
- Musical Theatre workshops
- Cinema and bowling
- Golf and basketball

For more information and to book:

☎ 07765 765865

✉ joinus@think18.org.uk

🌐 www.think18.org.uk

Crawley Town FC Reds for All programme



Reds for All by [Crawley Town Community Foundation](http://www.crawleytownfc.com) is an inclusive and supportive multi-sport session designed for children and young people aged 8-13 of all abilities and disabilities to participate, belong and thrive.

The sessions take place at **K2 Leisure Centre in Crawley** every **Wednesday** from 5.00 – 6.00pm.

Siblings welcome to join in.

For enquires email: community@crawleytownfc.com

[Participant Consent Form - Community Development](#)

Get involved with Springboard

Saturday Stay and Play

Join us on selected Saturdays for fun Stay and Play sessions.

There is lots to do and a range of play spaces to explore and enjoy, including soft play, sensory room, a spacious garden with inclusive, adapted play equipment, and lots of opportunities for imaginative play.

There are **two SEND supported sessions** with reduced capacity at 9.15 am and 1.15pm.

Dates include:

23 May

15 August

22 August

26 September

28 November

[Upcoming events - Booking by Bookwhen](#)



Springboard
SATURDAY STAY AND PLAY

We're opening our Stay and Play sessions on various Saturdays this year!

We have a range of play spaces to explore and enjoy, including soft play, sensory room, role play/dressing up, books, arts and crafts, spacious garden with inclusive, adapted play equipment and accessible changing facilities.

Times	Dates
09:15-10:45 (SEND session)	• 25th April
11:15-12:45	• 23rd May
13:15-14:45 (SEND session)	• 15th August
15:15-16:45	• 22nd August
<small>No deposits needed for SEND sessions</small>	• 26 th September
	• 28th November

Phone: 01293 222222 | Email: book@springboardsupport.org

For more information visit our website www.springboardsupport.org



Wellbeing Wednesdays

Join us every Wednesday morning to socialise, exercise and learn techniques to keep yourself happy and healthy.

10.00am – 12.00pm in The Hub
£12.50 per session

Activities include:

- Self-care first aid kit
- Pet therapy
- Creative crafting
- Colours of the rainbow
- Music feeds the soul
- Let's get back to nature



Stepping Stones

There are a variety of pathways to support young people aged 14-30 with SEND to access a range of services.

These include volunteering and employability, work experience, life skills, cooking, skills and training courses, and drop-in social hubs.

We can help you get work ready, learn valuable skills, build your CV, and have social opportunities.

Discover more information about all Springboard programmes

<https://www.springboardsupport.org>

hello@springboardproject.com

HOLY TRINITY, CUCKFIELD

MEN'S BREAKFAST CLUB

GOOD FOOD. GOOD COMPANY. A BIT OF HEAD SPACE.

Holy Trinity, Cuckfield are launching a new opportunity for men to **take a break**.

We know this may not suit everyone, but we would like to offer you an opportunity to gather on the **first Saturday of every month from 9am** in a local pub for breakfast and some head space.



First inaugural meeting



THE WHEATSHEAF
CUCKFIELD



SATURDAY
6TH JUNE



FROM
9.00AM



PLACES ARE LIMITED TO **24 MEN ONLY**,
SO PLEASE BOOK AS SOON AS POSSIBLE USING THE CHURCHSUITE LINK.



BREAKFAST



CONVERSATION



HEAD SPACE



BOOK NOW

[Men's Breakfast \(06-Jun-2026\) · ChurchSuite Events](#)

Attention Autism at Home



**Online Training for Parents
by a Parent, who is also
an Advanced Practitioner.**

**Delivered by Anna Burke Attention Autism™
Advanced Practitioner
and parent of an autistic son.**

and Lyndsay Barlow Co-owner and Director of Attention Autism™

Venue: Online (Zoom)

Workshop time: 7:30pm – 8.30pm

Workshop dates: Thursdays 4th and 11th June, 2nd July

Cost: £240 for one person. BUY ONE GET ONE FREE!

**Two parents or one parent and a family member can attend
on one ticket. The second has a free place!!**

Klarna payments are available.



If you would like to attend the training, please use

Go to www.attentionautism.co.uk to book. It is going to fill up fast.

In this series of three 1 hour workshops, we will cover all 4 stages of the Attention Autism Programme, discuss the ideas behind it and use real-life examples to show exactly how and why it works.

You and your child will learn how to connect, get focused attention, keep it, share it and use it to develop communication and have some fun with your child. After the training you will:

- Understand the ideas that drive the Attention autism programme
- Get connected so interaction is shared and enjoyable
- Know how to engage your child's attention, keep it and share it
- Build understanding and confidence in getting the message across
- Know how to move forward to spontaneous expression for your child, however that might look for them
- Access individual sessions for your unique child
- Create activities that are worth communicating about and inspire your child to learn
- Create sessions that everyone enjoys and remembers


Each family will also have three 30-minute zoom coaching sessions with Anna Burke (parent) to help them implement the programme in their home.

****This is an invitation for parents of neurodiverse young people aged 8-18 who may be interested in accessing clubs, holiday activities and support.****

This May half term, you're invited to our free information drop-in sessions. This is a space to meet the Aspens short breaks team with your young person, ask questions and get familiar with What We Do. You can expect:

 Our lovely team ready to answer any questions you may have

 Details of our summer holiday activities & trial sessions, including our transition into Aspens *Soft Start Sessions*

 Info and visual supports to share with your young people

 Sensory-friendly activities to try

When?

Tuesday 26th May

Where?

The Yews Community Centre, Haywards Heath RH16 1BJ from 10am – 2pm

K2 Youth and Community Centre, Littlehampton, BN17 7HE from 2pm – 4pm

Tickets?

No need to book, just pop in when you can!



We're hosting free drop-in information sessions on **Tuesday 26th May**
This is a chance to meet the team, ask questions and learn more about what we do! No need to book, just come along when you can.

10am - 12pm
The Yews Community Centre,
Haywards Heath, RH16 1BJ

2pm - 4pm
K2 Youth and Community Centre,
Littlehampton, BN17 7HE

Come say HI!

aspens

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The Yews Community Centre,
Haywards Heath, RH16 1BJ

2pm - 4pm
K2 Youth and Community Centre,
Littlehampton, BN17 7HE

Come say HI!

aspens

westsussex.gov.uk/outofschool



Do your school-age children need childcare that works with your schedule?

Out of school childcare includes **wraparound provision** and **holiday playschemes**. It provides a safe, fun, and supportive environment for your child — giving you peace of mind while you manage your day.



What is out of school childcare?

Out of school childcare offers flexible, fun, and supportive care outside the typical school day. Children have a safe, welcoming space to relax, play, and learn. This includes:

Wraparound childcare – regular sessions before and after school to fit around your working day, typically running from 8.00am to 6.00pm.

Holiday playschemes and **Holiday Activities and Food (HAF) programme** – exciting activities during school holidays to keep children active and happy.

These services help you balance work and family life while giving your child a chance to make friends and enjoy new experiences.

Why use out of school childcare?

Benefits for children:

- children build strong friendships, boost their confidence and independence
- they can enjoy fun and enriching activities
- they can learn new skills.

Benefits for families:

- enables parents and carers to pursue work
- more flexibility to manage work and family commitments
- creates opportunities to train or study.

How can out of school childcare be paid for?

Each provider sets their own fees. Please reach out to them directly for detailed pricing information. If you are eligible, you may be able to use the following to help pay for an out of school childcare place:

- Tax-Free Childcare
- Universal Credit
- Holiday Activities and Food funding

Visit westsussex.gov.uk/outofschool or scan the QR code to find out more information about out of school childcare and the different providers who offer it.

Contact us today

Email: family.info.service@westsussex.gov.uk

Phone: 01243 777807

Facebook: @FISWestSussex

SCAN ME



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NHS



SEND Local Offer WEST SUSSEX

Information about the support available for children and young people (0-25) with special educational needs and disabilities (SEND) and their families.



westsussex.gov.uk/LocalOffer

Website: westsussex.gov.uk/LocalOffer
Email: LocalOffer@westsussex.gov.uk
Phone: 01243 777807 (ask for Local Offer)
Facebook: [@westsussex.LocalOffer](https://www.facebook.com/westsussex.LocalOffer)

Whether you have a diagnosis or not, visit our website to find:

- a directory of services, community groups and Short Breaks;
- details of support you can expect from childcare, schools and colleges;
- information about NHS services, including support while you wait for an assessment;
- finance, grant and benefit information;
- guidance on Education, Health and Care Needs Assessments, Plans and Reviews;
- support for preparing for adulthood, finding housing and a job; and
- information about Early Help, social care and how to request assessments.



- We can provide Local Offer information in an alternative format on request.
- Follow us on Facebook for SEND news and events in West Sussex.
- Contact us with any questions or comments about the Local Offer website or services.

On **Sunday the 24th May, from 11am-9pm, The Broadway in Haywards Heath** will come alive with an electrifying all-day festival. Enjoy a day packed with back-to-back entertainment, live music, performers, stalls, food, drinks and activities to keep all the family entertained.

All funds raised will help support **St Peter & St James Hospice**.

We look forward to seeing you all there to enjoy our exceptional line-up!

Tickets: Adult £25 | Child £10 | Family Ticket £74 (2 adults & up to 3 under 16's) | Under 2's Go Free

Get your tickets here: <https://www.tickettailor.com/events/stpeterstjameshospiceinchaileysussex/2057805>

BROADWAY LIVE 2026
THE BROADWAY, HAYWARDS HEATH
24TH MAY, 11AM - 9PM

Live Music

Dear Parents & Guardians,

Looking for an exciting activity for the end of May half-term to suit all the family?

On **Sunday the 24th May, from 11am-9pm, The Broadway in Haywards Heath** will come alive with an electrifying all-day festival. Enjoy a day packed with back-to-back entertainment, live music, performers, stalls, food, drinks and activities to keep all the family entertained.

All funds raised will help support **St Peter & St James Hospice**.

We look forward to seeing you all there to enjoy our exceptional line-up!

Tickets Prices

**ADULT: ONLINE - £25
ON THE DOOR - £28**
**CHILD: ONLINE - £10
ON THE DOOR - £12**
**FAMILY: ONLINE - £74
ON THE DOOR - £86**

Get Your Tickets

To book scan QR code
or visit:
stpjhospice.org/event



BROADWAY LIVE 2026
THE BROADWAY, HAYWARDS HEATH
24TH MAY, 11AM - 9PM

Live Music

MAINLYMADNESS
JUMP66 GLASSHOUSE
TAR BABIES DUST RAISERS
TOW RAG RHYTHM & BLISS
JAM MUSIC SCHOOL BANDS
ROK SKOOL BANDS

Plus

JACK THE LAD FROM MORE RADIO, 12-2PM
SUSSEX SHOW DANCERS WITH NASHVILLE NIGHTS
LINE DANCING
PLUS LOTS MORE INCLUDING ACTIVITIES FOR CHILDREN

Tickets

**ADULT: ONLINE - £25
ON THE DOOR - £28**
**CHILD: ONLINE - £10
ON THE DOOR - £12**
**FAMILY: ONLINE - £74
ON THE DOOR - £86**

To book scan QR code or visit:
stpjhospice.org/event

ALL PROCEEDS IN SUPPORT OF ST PETER & ST JAMES HOSPICE





Ready, Set, Save!

15% off

Everything!

Use Code: **SAVE15** at checkout.

monkhouse.com

18th - 26th May

We're making back-to-school easier
(and cheaper!) for you.

Promo starts Monday 18th May until 26th May, enjoy
15% off everything!

Whether you're stocking up or prepping ahead, this
is the perfect time to grab everything you need.



Shop early and avoid
the summer rush.



Built to last - sustainable
and high-quality products.



Worried about growth
spurts? Don't be - **we've
got extended returns.**



One-stop shop:
All your school
essentials in one place.

Shop online today and start saving!

Use Code: **SAVE15** at checkout.

monkhouse.com