

Weekly Bulletin



Diary Dates	
20 th July	Orange Pathway Leavers & Awards Ceremony (families welcome) 09:30am
21 st July	KS5 Leavers & Awards Ceremony (KS5 leavers families welcome) 11:30am
21 st July	KS4 Leavers & Awards Ceremony (Year 11 families welcome) 2:00pm
22 nd July	LAST DAY OF TERM
01 st September	Inset Day – School and College shut to pupils
02 nd September	Inset Day – School and College shut to pupils
03 rd September	Welcome sessions for NEW pupils at college site only – 10am – 12pm
03 rd September	Welcome sessions for NEW pupils at school site only – 1pm to 3pm
04 th September	School site first day of term for all pupils
04 th September	College site first day of term for all pupils

Letters sent this week
Youth Council Trip – 20.07.26
College Leavers Assembly Parking – July 26
Youth Council Trip (Primary) – 21.07.26
Fox & Owl Class trip to St Johns Park, Burges Hill – 20.07.26
Expanded FSM eligibility and the pupil premium – Jul-26

<u>Lunch Menu</u> 	<u>Copies of letters</u> 	<u>Term Dates</u> 
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Staff Leavers

We are saying goodbye to a number of staff from both our school and college sites at the end of this academic year.

School site:



Phoebe
Tyler



Brooke
Wright



Evie
Lawrence



Paula
Wheeler



Zoe
Parsons



Keely
Sargent



Magali
Ostroviecki



Nadia
Perouli



June
Scott



Laura
Mansfield

College site:



Emma
Moore



Grace
Hawsley



Wendy
Barker



Andrea
Parrott

We would like to thank them all for all they have done in their time here at Woodlands Meed and wish them the very best for the future.

BECOME A GOVERNOR

SHARE, LEARN, INSPIRE



Can you spare 1 - 2 days a month to help us make a difference in SEND Education at Woodlands Meed?

We need your help to find volunteer Governors to bring their skills, experience, dedication and enthusiasm to join our Governing Body.

Woodlands Meed School caters for children with special educational needs aged between 2 - 19 years old. Based in in Burgess Hill, we support 275 children.

As a governor, you'll play a vital role in shaping the strategic direction of our school, ensuring we provide the best possible support and opportunities for our pupils. No prior governance experience is required—we welcome individuals from diverse backgrounds who can bring fresh perspectives, skills, and a commitment to making a difference.

CONTACT
LRYDON@WOODLANDSMEED.CO.UK
FOR MORE INFORMATION

WWW.WOODLANDSMEED.CO.UK





**YOUTH
WITHOUT
LIMITS**

Thank you

to

The Duke of Edinburgh's Award participants

from

Woodlands Meed

who spent

169 Hours

**volunteering between
1 April 2025 and 31 March 2026.**

We are immensely proud of the dedication, effort and achievement
of young people making an impact in their community.

The social value of these hours is

£1275

Ruth Marvel OBE, Chief Executive

June 2026

Active 30

Active 30 is a government initiative to help children become fitter and healthier. It directs schools to provide 30 minutes of active time (in addition to playtimes and scheduled PE) each school day. Families are responsible for encouraging their children to become more active for an additional 30 minutes at home. With this in mind, we are supporting families by providing a suggested weekly activity for children to do at home which requires no specialist equipment, but maybe a bit of creativity to deliver it. If you would prefer to do your own activity, that is fine. It is not compulsory, but it would be great for as many students as possible to participate. Please put any photos taken on Seesaw and tag Active Time.



This summer, families across the country are being encouraged to help

children stay active over the school holidays as the government continues to back the free, animated fitness series, Activate, created by Joe Wicks MBE.

Co-created by Joe Wicks and Studio AKA, the team behind 'Hey Duggee', the series promotes short bursts of movement through fun, accessible content that can be easily integrated into your day, whether at home, school, summer clubs or on the go - getting children moving over the summer and beyond. There are now 18 episodes available for free on [The Body Coach YouTube channel](#), as well as [BBC iPlayer](#).

Well Being Weekly

Wishing all our wonderful families a peaceful and enjoyable summer. We know that school holidays can look different for every family, and we hope you find moments of fun, rest, and connection. Above all, please remember to look after yourselves as well.

Kindest wishes

See you in September - The wellbeing team



Signposting for parent/carer support over the Summer Holidays

- Holiday venues which cater for pupils with SEND- <https://www.sendhelpuk.com/holidays>
- Activity ideas for pupils with SEND on a map- <https://www.google.com/maps/d/viewer?mid=1XfwEPPwdjeqTwNliPaDZW9zc62bFBXA&ll=50.74606802018586%2C-0.9410998673632687&z=11>
- West Sussex Local Offer- <https://www.westsussex.gov.uk/local-offer/services/?Keyword=&preparingToAdulthood=&cost=&disabilitiesAndSupport=&activities=&wheelchairAccessible=&learningAndEducation=&livingWell=&needsApplication=&radius=&needsReferral=¤tPage=2>
- ASPENS holiday clubs and activities-<https://wsxshortbreaks.aspens.org.uk/whats-on/>
- Ariel Othellos Clubs- <https://www.arielothellos.com/>
- SEND Jolf

Reaching families <https://www.reachingfamilies.org.uk/>

Mind <https://www.mind.org.uk/news-campaigns/campaigns/mental-health-at-work-commitment/resources/supporting-parents-during-school-holidays/>

Disability Register Newsletter



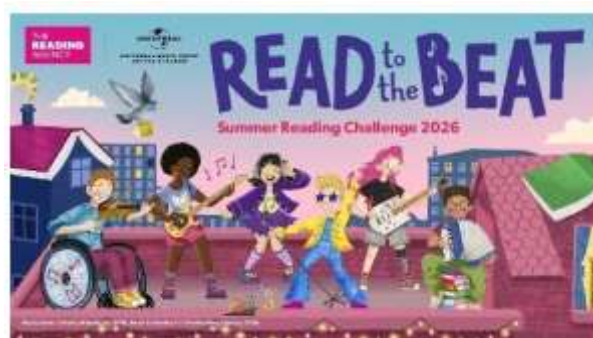
Read to the Beat with West Sussex Libraries

Spark your creativity this summer as part of the [Summer Reading Challenge 2026, Read to the Beat!](#)

The **Library SEND team** will be hosting **SEND-friendly Construction Club** sessions, **SEND Drop-in and Play** sessions and **multi-sensory Storytime and craft** activities.

These are all **free** but **pre-booking is essential** for Construction Club and multi-sensory Storytime and craft sessions due to limited spaces.

Attending a SEND-friendly event also counts towards your child's Summer Reading Challenge target! Other challenge goals include listening to an audiobook, reading with a family member, finding out about your favourite hobby, or visiting your local library at least six times!



[Library Event Search Results | West Sussex Libraries](#)



The Library SEND team have been busy preparing for the Summer Reading Challenge by visiting a number of specialist schools across the county.

During visits to Ingfield Manor School, New Barn School, Palatine School, and Woodlands Meed School and College (plus we'll be visiting St Anthony's School in the coming weeks!) we have been using multi-sensory packs to bring stories to life.

We have enjoyed talking with pupils about how sharing and enjoying stories can mean more than just reading books! 🏡



303 young people attending these settings are members of the Disability Register, with Palatine School accounting for **28% of members**, closely followed by St Anthony's with **25%**.

66% of members from these schools use supportive communication aids and **22%** record having a visual or hearing condition. Our multi-sensory story packs, filled with tactile props and objects that engage all the senses, are ideal for sharing stories in an alternative format to traditional printed texts.

[Sensory Stories | West Sussex Libraries](#)

Explore summer activities with Local Offer



Looking for inclusive summer holiday activities around West Sussex?

Visit the **SEND Local Offer** [events](#) page to find out about 'stay and plays' in our **Best Start Family Hubs** and ideas for inclusive family activities across the county during July and August.

We'll be updating this information as we find out about new events throughout the summer holidays. Follow us on [Facebook](#) to stay in touch!

Summer SEND Stay and Play session



Come and join us at **Horsham and Chichester Best Start in Life Family Hubs** for a warm, safe space for play, development and meeting other families.

These events are open to families with children with Special Educational Needs (SEND) up to 11 years, and their siblings.

Sessions at both hubs include **sensory and messy play** and they are a great place to meet other families and ask for **Information, Advice and Guidance** on any queries you may have.

Places are bookable, so please call to reserve your place today.

[Horsham Best Start in Life Family Hub](#)

Tuesday 4 August, 10.00-11.30am or 1.00-2.30pm

Call 01403 213590 to book your place

[Chichester Best Start in Life Family Hub](#)

Monday 17 August, 10.00-11.30am or 1.30-3.00pm

Call 01243 642950 to book your place



Aspens Summer Holiday Programme

Aspens Summer Holiday Programme is now open to [book here!](#)

Aspens will be in Chichester, Arun, Worthing and Mid-Sussex between 27 July and 21 August. With four jam-packed weeks of camps, teens trips and hybrid days for young people and families, there's something for everyone to enjoy!

These activities are open to young people aged 8-17 on the neurodevelopmental pathway (including but not limited to ASC, ADHD, SEMH – you do not have to have a diagnosis to participate).

We're thrilled to be working with **a lineup of local experts** who are partnering with us to make this summer the best one yet:

- Luke Atfield Basketball Community
- Wellsprings Music, Drama and Circus Skills
- Dungeons + Dragons Playmaker Joe Banner
- Wintermoon Wellbeing
- Nadia Chalk (visual artist)
- JOLF Junior Golf
- Wakehurst
- The Skate Farm
- Figment Arts
- Active Reality VR Experience
- Continues Arcades
- Littlehampton Accessible Beach Huts
- Abyss Scuba School
- Southdowns Amateur Boxing Club



The poster is a colorful grid titled 'West Sussex Young People's Service Summer Holiday Activities 2024'. It lists activities for four locations: Chichester, Arun, Worthing, and Mid-Sussex. Each location has a list of activities for different age groups (8-10, 11-13, 14-17) and dates. The activities include various sports, arts, and social events. At the bottom, there is a QR code and contact information for the service.

We've also added **Hybrid Days** – the young people and family day, where we invite parents and children to attend together.



Part of the day will involve a breakout workshop just for young people supported by Aspen's staff. With parents close by, young people can access some independent time whilst parents mingle, have refreshments or just some quiet time to themselves.

Dates for Hybrid Days are

- Monday 3 August with Abyss Scuba School
- Monday 10 August with Figment Arts
- Friday 21 August at Wakehurst

We know that young people can feel anxious about attending summer camps, especially if it is their first time. **To help feel prepared in the lead up to camp** they will receive an info pack which includes:

- A visual timetable for the day
- Images of the venue
- Photos and All About Me sheets from members of staff
- A checklist of items to bring along on the day

Please head to our booking page to book now! <https://wsxshortbreaks.aspens.org.uk/bookings/>

If you have any questions please contact childrenreferrals@aspens.org.uk

Horsham Wheels for ALL

Horsham Wheels for ALL will be running a **Summer Holiday special Inclusive Cycling** session on **Wednesday 12 August**.

The session is for **children and young people with additional needs** and takes place on the athletics track at **The Bridge Leisure Centre in Broadbridge Heath** from **1.30 – 3.00pm**.

Tickets must be booked at least 24 hours in advance and cost £5 or £4 for people with a Leisure Access Card.

Parents, carers and siblings can take part for **FREE**. The session ticket allows you to attend all or part of the session and you can arrive at any time and stay as long as you like.

There is a Changing Places toilet at The Bridge Leisure Centre and plenty of parking.

We have a **wide range of adapted trikes and cycles** including hand cycles, tandems and wheelchair bikes with trained, experienced leaders on hand to offer help and support to get you riding.

For further information and to book a ticket for this session, please visit

<https://www.horsham.gov.uk/sport-and-leisure/accessible-and-inclusive-activities/horsham-wheels-for-all>

Or contact Paul Taylor, Sports Development Officer at Horsham District Council on 07764 146339 or paul.taylor@horsham.gov.uk



Springboard SEND Stay & Play

Join us at **Springboard** in Horsham for fun **SEND Stay and Play sessions**.

There is lots to do and a range of play spaces to explore and enjoy, including soft play, a sensory room, a spacious garden with inclusive, adapted play equipment, and lots of opportunities for imaginative play.

SEND supported sessions run with reduced capacity and no music.

Weekdays

Monday – Friday during term time

Monday – Wednesday during school holidays

1.15 – 2.45pm

Saturdays

23 May

15 August

22 August

26 September

28 November

9.15 – 10.45am or 1.15 – 2.25pm

For more information

 <https://www.springboardsupport.org>

 hello@springboardproject.com



**Springboard
SEND STAY AND
PLAY SESSIONS**

- Affordable and inclusive
- Soft play
- Sensory Room
- Spacious Garden
- Imaginative Play
- Accessible Changing

Based in Horsham, West Sussex our play centre is affordable and inclusive, welcoming everyone for stay and play. Our SEND supported sessions run at a reduced capacity with no music.

Week Days	Saturday
Monday-Friday during Term Time Monday- Wednesday School Holidays	• 23rd May • 15th August • 22nd August • 26th September • 28th November
Time 13:15-14:45	Time 09:15-10:45 13:15-14:45

No Diagnosis Needed

01402 218888 | www.springboardsupport.org | @springboardproject

Reg Charity No. 1014270

Make Family Memories This Summer at Out of Bounds



Looking for a fun, inclusive day out this summer?

Out of Bounds in Angmering is hosting a series of SEND-friendly events throughout **July and August**, specially designed for children and young people with Special Educational Needs and Disabilities (SEND), alongside their families, siblings and carers.

These relaxed sessions provide the opportunity to enjoy a range of exciting activities together, including **Bowling, Clip 'n Climb, Soft Play, Adventure Golf and Adventure Nets**, all within a welcoming and supportive environment.

To help everyone feel comfortable, sessions feature **reduced noise levels, no flashing lights, quiet breakout spaces and accessible facilities**.

Whether you're looking for a memorable family day out during the summer holidays or hoping to connect with other local SEND families, Out of Bounds offers a **safe and inclusive space** where everyone can take part and have fun at their own pace.

Upcoming SEND events will take place throughout July and August, with additional SEND-friendly sessions planned later in the year.

Check the Out of Bounds website for the latest dates and booking information:

<https://out-of-bounds.co.uk/offers-events/send-event/>



STORYMAKERS COMPETITION

YOUR STORY CAN GIVE BACK TO YOUR COMMUNITY!

Focus Foundation is inviting young people across Sussex to use their **creativity** to tell powerful stories of kindness, courage and community, real or imagined, exploring how even the smallest good deed, from helping a neighbour to supporting a friend, can bring people together, uplift others and create meaningful change in our communities.

HOW TO ENTER:



WRITE A STORY OR POEM.

Share an original short story or poem.



CREATE A PICTURE BOOK.

Tell your original story through a picture book.



CREATE A COMIC.

Bring your original story to life through a comic strip.

HOW TO GET INVOLVED:



Deadline for submissions:
Friday 11th September 2026.

Entries should be submitted using the form in the Focus Foundation Storymakers Competition 2026 document, accessible via the QR code or link below.



<https://bit.ly/FocusFoundationStorymakersComp>

NEED INSPIRATION?

Here are some ideas to get you started...

- ★ Helping a neighbour with their shopping.
- ★ Standing up for a friend.
- ★ Welcoming someone new to school.
- ★ Organising a community clean-up.
- ★ Raising money for a local cause.

Your story can be real or imagined!

AMAZING PRIZES!

- £50 book voucher from The Book Nook, Hove.
- £250 donation to a small grassroots charity of your choice.
- Your work bound into a book or framed.
- A certificate of achievement.
- An invitation to Focus Foundations exclusive immersive experience event.



SUMMER

HOLIDAY CLUB

Join the Jam Coding Holiday Activity Club to engage and inspire your children during the school holidays!

- Coding and Computing activities like Game Design, Stop Motion Animation, 3D Simulation, Robotics, etc.
- Offline activities like puzzles, worksheets, sports, board games, arts and crafts
- All equipment and resources provided
- Lunch and snacks provided, only send water

Venue:

The Cherry Tree Centre, 55 Fairfield Rd,
Burgess Hill RH15 8QB

Dates:

21st Aug, 24th Aug

Timings:

9:30 am to 3:30 pm

Ages:

8 to 14 years



**free for those accessing
benefits related to
free school meals*

**Scan code
to book:**



**DBS checked &
Safeguard trained**



**Fully
Insured**

For queries, contact:
reigate.am@jamcoding.co.uk

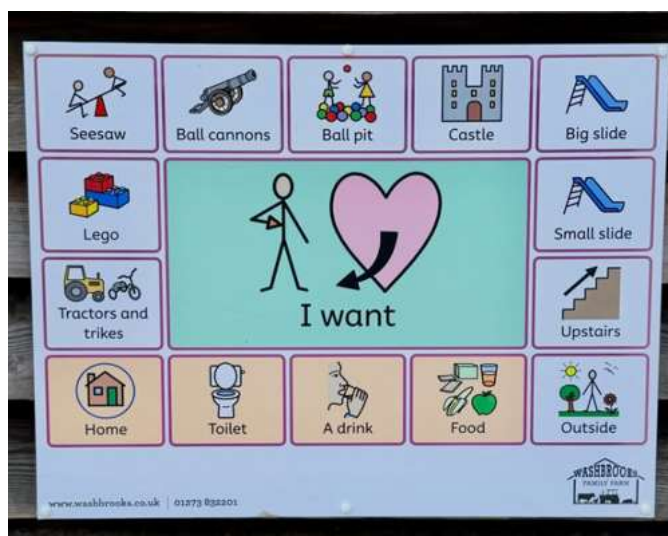
Washbrook family farm in Hurstpierpoint

The farm now has new communication boards in play areas around the farm . These boards help children communicate there wants, make choices and engage with activities more independently.



The boards were created by Katie who works at the farm also a speech and language therapist. Drawing on her professional knowledge and passion for supporting communication. Katie has helped us make another step towards creating a more communication -friendly environment.

We're proud to be making washbrook a place where children can play , participate and feel included 😊





The poster features a vibrant illustration of a beach scene with a large yellow sun, colorful houses, a blue bucket, a shovel, a beach ball, and a sandcastle. A blue circle with the word 'FREE' is prominently displayed.

Urban Beach

Burgess Hill

FREE

Church Walk

Open 7 days a week 10am-4pm

23 July - 31 August 2026

DON'T FORGET YOUR BUCKET & SPADE!

BurgessHill
Town Council

FOR MORE INFORMATION VISIT
WWW.BURGESSHILL.GOV.UK/TOWN-COMMUNITY/URBANBEACH



The poster has a light blue background with green leaves at the top corners and yellow stars scattered throughout. It features four circular icons of children representing different topics: a boy for 'Fussy Eating', a girl for 'Airway Health & Snoring', a girl for 'Concentration & Behaviour', and a boy for 'Healthy Snacks'. At the bottom, two cartoon children are shown running towards the left and right sides.

Kids' Nutrition & Breathing Workshop

- Fussy Eating
- Airway Health & Snoring
- Concentration & Behaviour
- Healthy Snacks

July 30th @ 7-8 PM
July 31st @ 11 AM
Online

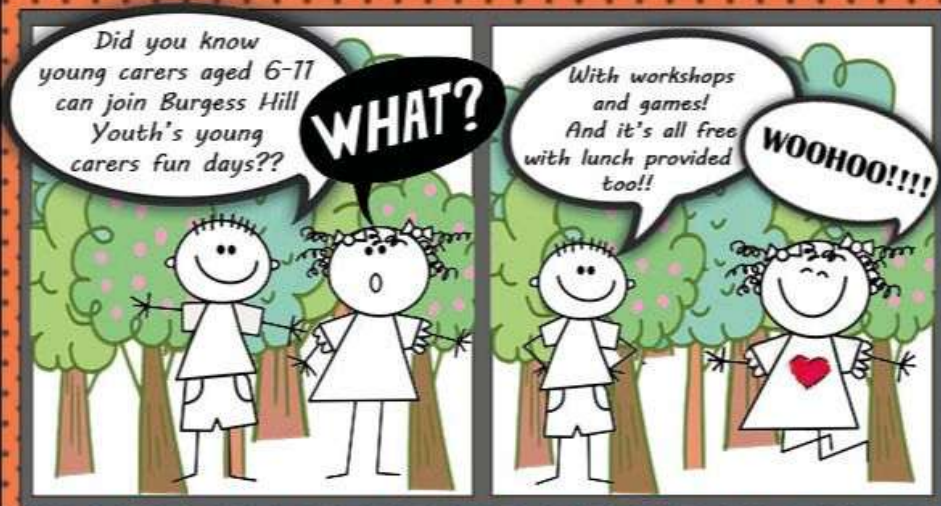
Registration Fee
£15

The session will be practical, easy to understand and focused on real-life implementation

To register, please follow our Eventbrite LINK

By Suzannah & Anna
Registered Nutritionists & Breathing Coach

YOUNG CARERS FUN DAYS



UPCOMING DATE:

TUESDAY 28 JULY

10AM-2.30PM

FAIRFIELD COMMUNITY CENTRE, WESTERN ROAD

SCAN THE QR CODE TO REGISTER OR VISIT:

WWW.BURGESSHILL.GOV.UK/TOWN-COMMUNITY/YOUNG-CARERS/



Registration closes at 9am on Friday 24th July.
For more information call Community Team on 01444 247726 or email Youngcarers@burgesshill.gov.uk



Supported by

BurgessHill
Town Council

FREE!

STICK ON LONG TROUSERS, GRAB YOUR BIKE, A HELMET AND...

...ROCK UP AND RIDE!

TUESDAY 4 AUGUST
10.30AM - 4PM
BURGESS HILL BMX TRACK

(RH15 8RW, OFF MAPLE DRIVE/EASTBRIDGE AVENUE)

COACHING SESSIONS MUST BE BOOKED IN ADVANCE
THE GRAFITTI STYLE ART IS DROP IN

BMX COACHING, MUSIC AND GRAFITTI STYLE ART!

TO BOOK OR FOR MORE INFO, SCAN THE QR CODE OR VISIT:
WWW.BURGESSHILL.GOV.UK/EVENTS/ROCK-UP-AND-RIDE/



BurgessHill
Town Council



Move it Monday!

AUGUST 2026

Sports Taster Sessions - an opportunity to learn new skills with qualified coaches. Sessions are FREE but a waiver must be completed ahead of participation.



TENNIS

3RD AUGUST 10AM-12PM
ST JOHN'S PARK TENNIS COURTS



BASKETBALL

3RD AUGUST 2PM-4PM
10TH, 17TH & 24TH AUGUST 10AM-12PM
MAPLE DRIVE MULTISPORTS COURT



HOCKEY

10TH & 24TH AUGUST 2PM-4PM
MAPLE DRIVE MULTISPORTS COURT



PICKLEBALL

17TH AUGUST 2PM-4PM
THE TRIANGLE LEISURE CENTRE

Sessions are aimed at ages 5-14. All equipment will be supplied. Children must be accompanied by a parent/carer regardless of age, must wear trainers, and bring a drink.

COMPLETE THE WAIVER FROM 20 JULY, VIA THE QR CODE OR VISIT:
[BURGESSHILL.GOV.UK/TOWN-COMMUNITY/TOWN-EVENTS/](https://www.burgesshill.gov.uk/town-community/town-events/)
FOR MORE INFO CALL 01444 247726 OR EMAIL
COMMUNITYTEAM@BURGESSHILL.GOV.UK

BurgessHill
Town Council



FREE WOWZER FREE WEDNESDAY

Sessions run every
Wednesday in August

5th

Craft Sessions

10am, 11am & 12pm

The Creative Community
77 Church Walk, RH15 9BQ

Pre
Book

12th

Circus All Stars

11am-1pm

The BandStand
Church Walk

Just
Turn
Up

19th

Jolf

11am-1pm

The Stone Garden
Church Walk

Just
Turn
Up

26th

Inflatables

11am-3pm

St Johns Park
Lower Church Rd, RH15 9AA

Just
Turn
Up

BurgessHill
Town Council

For more information and how to book a craft session visit
our website www.burgesshill.gov.uk, pop into the Help
Point or call 01444 247726

EYES UP

SLOW DOWN

CROSS SAFELY

THINK!

SAFE
ADVENTURES

ARE YOU READY FOR YOUR SAFE ADVENTURES?

START HERE

It's your first solo journey to secondary school! You've done the practice walk, you've got this!

Explore the scenarios to see if you're ready to take on independent journeys to school and beyond!

If you reach a dead-end, go back and think again!

1

You've waved goodbye and you're on your way. You're a bit late this morning and need to make up time. There are two routes you can take. You....

TRY AGAIN

Take the shortcut and cross in-between parked cars.

Walk down the street to use the crossing.

2

You're about to cross the road when your phone buzzes. You...

TRY AGAIN

Wait until you have safely crossed the road.

Look at it straight away - it could be important!

3

You've reached a pedestrian crossing and pressed the button. You...

TRY AGAIN

Stop and wait for the green man and then check traffic has stopped in both directions.

Run across the road as soon as there's a gap.

5

You're waiting to cross a road. You stand...

TRY AGAIN

On the edge of the kerb - so it's quicker to get across the road.

On the pavement behind the kerb, avoiding bends or the top of hills where you can't see clearly.

4

Before you cross the road, you stop and...

TRY AGAIN

Look one way then start across the road.

Look right, look left, and look right again to double check that it's clear before you cross.

6

You see a car coming towards you, but you think there's enough time to cross. You...

TRY AGAIN

Wait - it's not worth the risk.

Sprint across the road - you're pretty fast.

7

Outside the school, a bus stopped at the bus stop is blocking your view. You...

TRY AGAIN

Cross in front of the bus.

Wait until the bus leaves and you can see the whole road - remember Eyes Up, Slow Down and Cross Safely!

WELL DONE YOU'VE MADE IT!

Use these skills on every journey to school and look forward to lots of Safe Adventures...

FREE FUN-FILLED

PLAY DAYS

Tuesday 28th July

Victoria Park, Haywards Heath, RH16 4LR

Wednesday 29th July

Haven Rec, Crawley Down, RH10 4LJ

Tuesday 4th August

Adastra Park, Hassocks, BN6 8QH

Wednesday 5th August

Haywards Heath Rugby Club, Whiteman's Green, RH17 5HX

Tuesday 11th August

Mount Noddy, East Grinstead, RH19 3HP

Wednesday 12th August

Ardingly Rec, Ardingly, RH17 6TB

Tuesday 18th August

Court Bushes, Hurstpierpoint, BN6 9TH

Wednesday 19th August

Handcross Rec, Handcross, RH17 6DU

Tuesday 25th August

Worlds End Rec, Burgess Hill, RH15 0QJ

Wednesday 26th August

Batchelors Field, Bolney, RH17 5PF

All events are 2 – 4 pm

Aimed at under 10's but all ages welcome

No need to book! Just turn up and join in. Equipment provided

www.midsussex.gov.uk/playdays



SENfriends

Coffee morning

Petals cafe
Garden Thyme
Hassocks

Thursdays from 9.30

Drop in and join us for a
cuppa, slice of cake and a
chance to meet other SEN parents.

Children welcome

We hope to see you there



SUMMER
Holiday
CLUBS
AT LODGE HILL

9AM – 4PM

EVERY TUESDAY & THURSDAY

£32
PER CHILD

LOOKING FOR THE PERFECT SCHOOL HOLIDAY EXPERIENCE FOR YOUR CHILD? OUR FUN-FILLED HOLIDAY CLUBS ARE DESIGNED FOR CHILDREN AGED 8-12 YEARS, OFFERING EXCITING OUTDOOR ADVENTURES IN A SAFE, SUPPORTIVE ENVIRONMENT.

FOR MORE INFORMATION AND TO BOOK, VISIT OUR WEBSITE:
LODGEHILL.ORG.UK

The poster features a green background with a yellow sun, pink sunglasses, and three Polaroid photos showing children on a zipline, sitting on tires, and doing a handstand. A pineapple character with sunglasses and a camera is at the bottom right.



JOIN US FOR OUR FAMILY FRIENDLY
HALLOWEEN EXPERIENCE...

**LODGE HILL'S
SPOOKY STROLL**

24th – 26th October 2026
5pm – 8:30pm (last entry at 8pm)
£15 per child | £6 per adult

Enjoy spooky fun for the whole family!

- Halloween Light-Up Trail
- Pumpkin Carving
- Biscuit Decorating
- Marshmallow Toasting
- Face Painting
- Sno-tubing
- Raffle & Tombola

Food & Refreshments (charges apply)

Book now via our website!

The poster has a dark, spooky background with silhouettes of trees and several glowing jack-o'-lanterns at the bottom.

If you need support, help is out there...

Crisis Services:

SAMARITANS

116 123 (open 24/7)



PAPYRUS

0800 068 41 41 or Text
PAPYRUS to 07860 039967

childline

Online, on the phone, anytime

0800 1111 (open 24/7)



Sussex Partnership
Health Foundation Trust

Sussex Mental Healthline

0800 0309 500 (24/7)



Text Services:

For under 25s:

Text **THE MIX** to 85258



For help with self-harm:

Text **SHOUT** to 85258



For info and advice:

Text **YM** to 85258



General Support:

For emotional wellbeing:
e-wellbeing.co.uk



e-wellbeing
Providing emotional support

For help with eating disorders:
beateatingdisorders.org.uk



For young people and families:
youngminds.org.uk



IN CASE OF EMERGENCY:

Call 111 or 999, or go to
your nearest A&E



e-wellbeing
Providing emotional support