

Weekly Bulletin

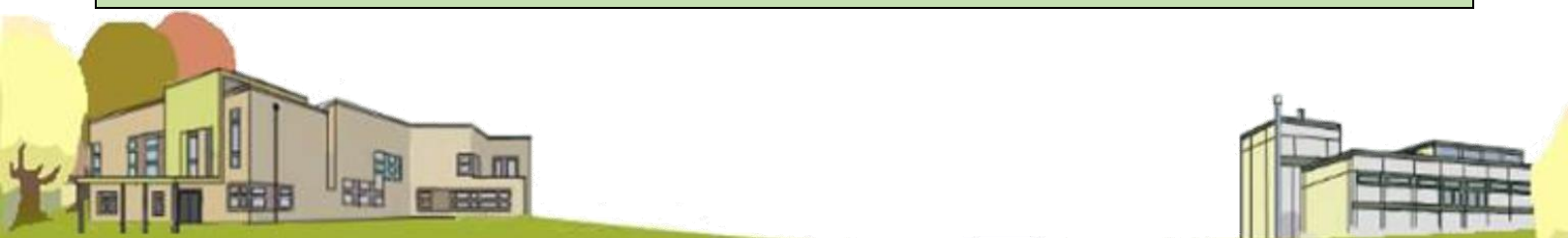


Diary Dates	
22 nd October	Harvest Festival School Site (primary only)
26 th – 30 th October	Half Term
2 nd – 6 th November	KS3 Humanities Week
3 rd November	New Parents Meeting/Coffee at School Site - 9.30am
4 th November	M&M Productions – Robin Hood Pantomime (School Site) 09:30am
5 th November	Inset Day
10 th November	Parents' Evening at School & College Site
10 th November	Time 4 Transition Careers event for Year 9, KS4 and KS5 pupils and families
W/C 16 th November	Anti – Bullying Week (Well-being teams)
17 th November	Odd Socks Day – School & College

Letters sent this week
Remembrance Day Service 11.11.26
Remembrance Day Service 11.11.26 (School Site)
College Parking Arrangements – Oct 26
Mixed Group trip to Marlet Manor Home, Haywards Heath 11.11.26
5CH Trip to Woods Mill Nature Reserve, Henfield 14.10.26
Hedgehog Class Trip to Wundrful World of Christmas, London – 03.12.26

<u>Lunch Menu</u> 	<u>Copies of letters</u> 	<u>Term Dates</u> 
---	--	---

Staff Leaver	
We are saying goodbye to Gabby Picerno from our college site, this week. We would like to thank Gabby for all she has done in her time as a Teaching Assistant at Woodlands Meed and wish her all the best for the future.	



Active 30

Active 30 is a government initiative to help children become fitter and healthier. It directs schools to provide 30 minutes of active time (in addition to playtimes and scheduled PE) each school day. Families are responsible for encouraging their children to become more active for an additional 30 minutes at home. With this in mind, we are supporting families by providing a suggested weekly activity for children to do at home which requires no specialist equipment, but maybe a bit of creativity to deliver it. If you would prefer to do your own activity, that is fine. It is not compulsory, but it would be great for as many students as possible to participate. Please put any photos taken on Seesaw and tag Active Time.

What's the Time Mr Wolf?



Get Set 4
Education

What you need: 2 or more people

How to play:



- One person begins as 'Mr Wolf' and starts facing away from everyone else approx. 8m away.
- Everyone asks 'What's the time Mr Wolf?' Mr Wolf calls out a time.
- Whatever time is called is the number of steps you are allowed to take towards Mr Wolf.
- If Mr Wolf calls 'dinner time!', everyone must run away from Mr Wolf.
- Whoever is caught returns to the start line.
- The winner is the player who touches Mr Wolf.



www.getset4education.co.uk

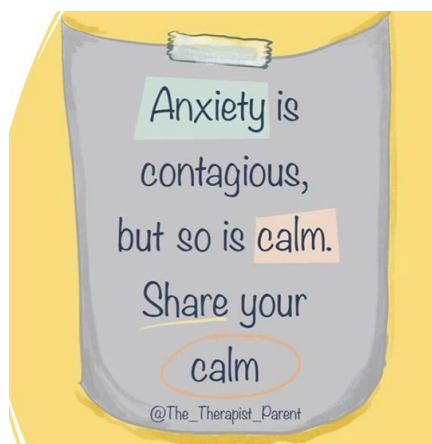
Well Being Weekly



Emotion Coaching

Step 1: Empathize, Label and Validate

- "I see..." or "I notice..."
- "I hear..."
- "Are you feeling..."
- "Is there anything else that you are feeling?"
- "I imagine that feels..."
- "Tell me about that."
- "Are you saying that..."
- "It sounds to me like you feel _____, because _____. Is that right?"
- "How does that make you feel?"



Supported Internship Programme

Starting September
2027

Your first steps towards employment

Real workplaces Real skills
Real opportunities



Are you ready for your next step?



Aged 16 -24



Have an EHCP



Want to learn
employability skills



Have some
previous work
experience



Want first steps
into employment



Can travel independently



Woodlands Meed in partnership with
WSCC Adult Learning



WHAT IS A SUPPORTED INTERNSHIP?

A study programme that combines :

English and Maths
Career Management Skills

Personal and Social Development
Employability Skills

POTENTIAL PLACEMENT AREAS



Childcare | Retail | Catering | Administration | Horticulture

HOW IT WORKS

Learn

Develop workplace, communication and employability skills



Work

Gain experience in a real workplace matched to your interests and strengths

Progress

Build confidence and take positive steps towards paid employment and future opportunities.

PROGRAMME HIGHLIGHTS

- Real work experience
- Expert Job Coach support
- Personalised support
- English & Maths qualifications
- No entry qualification required

BASED IN BURGESS HILL

Classroom-based learning in Burgess Hill. Placements across Mid Sussex, with businesses or organisations in a range of settings.

Find out more

If you want to develop your skills, gain real work experience and work towards finding the right job for you, we'd love to hear from you.

internships@woodlandsmeed.co.uk
www.woodlandsmeed.co.uk



Real Workplaces. Real Experience. Real Opportunities.



Supported Internship Programme 2027

Join us online to find out more

20th Oct 6pm - 7pm

3rd Nov 6pm - 7pm

24th Nov 6pm - 7pm

SCAN THE QR CODE TO SIGN UP FOR AN INFORMATION SESSION



www.woodlandsmeed.co.uk
internships@woodlandsmeed.co.uk



Woodlands Meed in partnership with
WSCC Adult Learning



[Booking link for Information Sessions](#)

College Open Days

Please see below a list of various upcoming College Open Days

Crawley College – Thursday 08th October and Saturday 07th November

[Open events | Crawley College](#)

Plumpton College – Saturday 10th October and Saturday 21st November

[Upcoming Events - Plumpton College](#)

Brighton Metropolitan College – Wednesday 14th October & Saturday 21st November

[Open events | Brighton Metropolitan College](#)

Brinsbury College – Saturday 10th October

[Open events | Brinsbury College](#)

Supajam, Brighton – Thursday 08th October

[Open Evenings | SupaJam Education | Swanley, Canterbury and Brighton](#)

East Sussex College

[Open Events | East Sussex College](#)

Lewes – Thursday 15th October

Hastings – Tuesday 13th October

Eastbourne – Wednesday 14th October



- [Parent Carer Survey - Maintained Special Schools 2026-2027 – Fill in form](#)

The survey is for parent carers of children and young people attending maintained special schools, particularly those with complex physical, medical or profound needs. We know that the experiences of these families are not always heard as widely, and we really want to make sure their voices are included.

We're keen to hear about families' experiences across education, health, social care and transport, what is working well, where there are gaps or difficulties, and the impact this can have on children and family life.

The feedback will help us make sure parent carer experiences are reflected in service planning, commissioning and SEND reform discussions, both locally and beyond.

All responses are anonymous and the survey is quick to complete, with the option to share more if they wish.

Thank you for your continued support.



West Sussex Parent Carer Forum

Lodge Hill Residential Centre, London Road, Watersfield, West Sussex RH20 1LZ |
Office: 07341 183449 www.wspcf.org.uk

PREMIER LEAGUE KICKS

FREE Inclusive Football for for 8-18 years



Monday

5-6pm
Maidenbower Park

Wednesday

5-6pm
K2 - Pan disability
Multisports

Thursday

4-6pm
Bewbush

Friday

5-6pm (GIRLS)
6-7pm (8-13)
7-9pm(14-18)
Broadfield Stadium

Ages
8-18

FREE
All Sessions
are free

Mixed boys &
girls sessions

Complete the form to play



 ctcommunityfoundation  crawleytowncf
www.ctcommunityfoundation.com



Accessible music
for all!

KIDENZA

orchestral concerts for kids

Saturday 24th October

All tickets are £5

Pick from three
sessions throughout
the day

at Chailey Heritage Foundation

Kidenza offers a unique, accessible
orchestral experience for children and
their families, especially those with higher
sensory needs. It's an interactive, relaxed,
and enjoyable adventure where kids can
engage freely!

There are also other additional workshops
available, and the café is open! All
proceeds support Chailey Heritage
Foundation.

fundraising@chf.org.uk

Registered Charity 1075837

Company limited by guarantee 3769775 (England)
Chailey Heritage Foundation, North Chailey, BN8 4EF

Scan for more
information and
tickets!



wingsyouththeatre.co.uk

WINGS YOUTH THEATRE
PRESENT

30th Oct - 1st Nov 2026

(October Half Term)



Croft Theatre,
Burgess Hill Girls School

£13.50 Adult | £9.50 Child/Concession

Friday 30th October - 7:30pm

Saturday 31st October - 2:30pm

Saturday 31st October - 7:30pm

Sunday 1st November - 2:30pm



ticketsource.co.uk/wingsyouththeatre
or email hello@wingsyouththeatre.co.uk

This amateur production is presented by arrangement with Music Theatre International.
All authorised performance materials are also supplied by MTI.
www.mtishows.co.uk

BEDE'S HOLIDAY CLUB

OUR PROGRAMME:

Join Bede's Holiday Club for an action-packed multi-activity programme designed for children aged 5–12. Whether your child attends Bede's or another local school, everyone is welcome!

DATES:

- Week 1 (19th - 23rd October): Burgess Hill
- Week 2 (26th - 30th October): Burgess Hill | Eastbourne | Upper Dicker
- Week 3 (2nd - 6th November): Eastbourne



5%
WEEKLY &
SIBLING
DISCOUNT

LOCATIONS:

Now running across three venues: Eastbourne (Bede's Prep School), Upper Dicker (Bede's Senior School), and our brand-new site in Burgess Hill (Burgess Hill Girls School)!

BOOK NOW

PHONE: 01323 356983

EMAIL: PARTNERSHIPS@BEDES.ORG

WWW.BEDESHOLIDAYCLUB.ORG



FOR AGES 5 - 12

JOLF SEND Family Sessions Burgess Hill

Fun for ALL the family

These quiet and calm sessions will include and involve ALL family members in enjoyable and meaningful golf tasks, challenges and activities.

No experience required & all equipment provided

WHEN EVERY Wednesdays 5pm – 6pm (term time only)

WHERE Woodlands Meed College, Birchwood Grove Road, Burgess Hill, RH15 0TP

COST £3.00 per family per session (FREE Taster Session)

TO BOOK contact neil@JOLF.golf 07713646988



kate & justin
ROSE FOUNDATION

Cool Milk **Boost their Hydration & Development**

**Our school works with Cool Milk
to provide fresh school milk**

**Free for under 5's
Subsidised for over 5's***

- ▶ Calcium for strong bones and teeth
- ▶ Protein for muscle repair and growth
- ▶ Vitamin B12 to boost the immune system
- ▶ Vitamin B2 to aid energy release
- ▶ Potassium to regulate fluid and blood pressure
- ▶ Phosphorus to strengthen bones and generate energy in the cells
- ▶ Iodine to support healthy cells and metabolism



Don't let your child miss out!
Register online today at www.coolmilk.com

Free milk for under 5s is funded by the Department of Health and milk for over 5s is subsidised by DEFRA. *Over 5s in receipt of benefits-based free school meals are eligible for free school milk. Please speak to the school for details.



Family Fun Sessions

-Holiday sessions for families of children and young people SEND*
*Special Educational Needs and Disabilities

**The King's Church
Monday 26 October**

12.30-2pm and 2.30-4pm
aimed at ages 3-18

FREE ADMISSION

Tickets must be pre-booked from 28 September
via TicketSource, by calling
The Help Point on 01444 247726 or
in person at 96 Church Walk

Arts and crafts,
activities, and
information services!



Any questions contact the Community
Team on 01444 247726 or email
communityteam@burgesshill.gov.uk



Get more out of what you're into!

Dungeons & Dragons

For
ages
14-17



Join us at the library this autumn for Dungeons & Dragons sessions led by an expert Dungeon Master. Suitable for young people aged 14-17 years.

All the resources will be provided, or bring your own.

Free, but places are limited.

Each week must be booked separately online.

6 sessions!



Scan to find
out more!

2 - 4pm Haywards Heath Library
Saturdays fortnightly from 19 Sep - 23 Nov
34 Boltro Road, Haywards Heath, RH16 1BN

**GO
ALL
IN.**



Supported using public funding by
**ARTS COUNCIL
ENGLAND**

Get more out of what you're into!

Crafternoon

For
ages
11-17



Join us for some relaxed crafts and activities including making badges, keyrings, bracelets, crochet, cross stitch, Lego, games and more.

Free, but places are limited.
Please book your place online.



Scan to find
out more!

Burgess Hill Library
Saturday 14 November 2026 | 1.30 - 3.00pm
15-19 The Martlets, Burgess Hill, RH15 9NN

**GO
ALL
IN.**



Supported using public funding by
**ARTS COUNCIL
ENGLAND**

Get more out of what you're into!

Crafternoon

For
ages
11-17



Join us for some relaxed crafts and activities including making badges, keyrings, bracelets, crochet, cross stitch, Lego, games and more.

Free, but places are limited.
Please book your place online.



Scan to find
out more!

Haywards Heath Library
Thursday 29 October 2026 | 2.30 - 4.00pm
34 Boltro Road, Haywards Heath, RH16 1BN

**GO
ALL
IN.**



Supported using public funding by
**ARTS COUNCIL
ENGLAND**

Get more out of what you're into!

Manga Workshops

For
ages
11-14
&
15-18



Join bestselling cartoonist James Parsons from Comic Club for a fun and creative comic art workshop this autumn.

Unleash your imagination and learn secret drawing tricks used by the professionals in this fast-moving cartooning session.

Free, but places are limited.
Please book your place online.



Scan to find
out more!

Burgess Hill Library
15-19 The Martlets, Burgess Hill, RH15 9NN
Saturday 17 October
Age 11-14: 11.30am-1pm | Age 15-18: 2-3.30pm

**GO
ALL
IN.**



Supported using public funding by
**ARTS COUNCIL
ENGLAND**

OCTOBER HALF TERM



Holiday CLUBS AT LODGE HILL

9AM –
4PM



TUESDAY 27TH & THURSDAY 29TH

£32

PER CHILD

LOOKING FOR THE PERFECT SCHOOL HOLIDAY EXPERIENCE FOR YOUR CHILD? OUR FUN-FILLED HOLIDAY CLUBS ARE DESIGNED FOR CHILDREN AGED 8-12 YEARS, OFFERING EXCITING OUTDOOR ADVENTURES IN A SAFE, SUPPORTIVE ENVIRONMENT.

FOR MORE INFORMATION AND TO BOOK, VISIT OUR WEBSITE:

LODGEHILL.ORG.UK



JOIN US FOR OUR FAMILY FRIENDLY
HALLOWEEN EXPERIENCE...

LODGE HILL'S SPOOKY STROLL

 24th – 26th October 2026

 5pm – 8:30pm (last entry at 8pm)

 £15 per child | £6 per adult

Enjoy spooky fun for the whole family!

Halloween Light-Up Trail

Pumpkin Carving

Biscuit Decorating

Marshmallow Toasting

Face Painting

Sno-tubing

Raffle & Tombola

Food & Refreshments (charges apply)

 **Book now via our website!**

Royal Botanic Gardens

Kew Wakehurst

**Wallace
&
Gromit**

FANTASTIC FUNGI TRAIL



Book now

**17 October –
1 November**

© & ™ Aardman Animations Limited / Wallace & Gromit Limited (2026).
All Rights Reserved.

AN EVENING OF MUSIC & FUN



MUSIC ROUND THE
BUSINESS TABLE

Join us for a fantastic evening of
LIVE MUSIC, ENTERTAINMENT AND FUN,
featuring **SPARKLING SINGERS**, including:

- 🎵 **SUSAN FLEET MBE** – our local soprano
- 🎵 **VICKI LEE** – multi-talented musician from New Zealand
- 🎵 **MATT COWLING** – star and founder of Jumbo Ensemble
- 🎵 **LUCA BRUGNOLI** – award-winning vocalist

CHARLOTTE HODDELL • DARREN STREET • ALAN SEILER • IRA THOMAS • MITCHELL HAWKINS



**SATURDAY
31ST OCTOBER
7:00 PM**
THE HASSOCKS HOTEL



**£10
PER PERSON**

ALL PROCEEDS WILL HELP
RAISE FUNDS FOR LOCAL CHARITIES

FOR TICKETS AND FURTHER INFORMATION:



MICHAEL STRATFORD
07837 916087



stratfordm69@gmail.com



FREE FUN-FILLED

PLAY DAYS

Tuesday 27th October

Kings Centre, Burgess Hill, RH15 9LR

Wednesday 28th October

Jubilee Centre, East Grinstead, RH19 2HL

Friday 30th October

Dolphin Leisure Centre, Haywards Heath, RH16 1LY

All events are 2 – 4 pm

No need to book! Just turn up and join in. Equipment provided



www.midsussex.gov.uk/playdays

