Weekly Bulletin

Diary Dates	
26th – 30th October	Half Term
2nd – 6th November	KS3 Humanities Week
3rd November	New Parents Meeting/Coffee at School Site - 9.30am
4th November	M&M Productions – Robin Hood Pantomime (School Site) 09:30am
5th November	Inset Day
10th November	Parents' Evening at School & College Site
10th November	Time 4 Transition Careers event for Year 9, KS4 and KS5 pupils and families
W/C 16th November	Anti – Bullying Week (Well-being teams)
17th November	Odd Socks Day – School & College
20th November	BBC Children in Need Day

Letters sent this week
New Parents Invitation (School Site) – 03.11.26
KS5 English Group Trip to Waitrose, Burgess Hill – 09.11.26
KS4 English Group Trip to Burgess Hill Library & The Book Den, Burgess Hill 13.11.26
Children in Need – School Site – 13.11.26
Letter from Friends of Woodlands Meed
Motor Mechanics Course at Crawley College, Crawley
KS3 Humanities Week – Fabulous Finish – 06.11.26

Lunch Menu	**Copies of letters**	**Term Dates**
		

Staff Leaver



We are saying goodbye to Charlotte Sandilands from our school site this week. We would like to thank Charlotte for all she has done in her time as a Teaching Assistant at Woodlands Meed and wish her all the best for the future.

© 2019 Woodlands Meed All Rights Reserved
The contents of this newsletter are copyright to the Governing Body and may not be reproduced either in whole or in part without the consent of the Governing Body.

SEE ABILITY
Live. Love. Thrive. Belong.

NHS
Providing NHS services

Special School Eyecare Service

School service information

Introduction

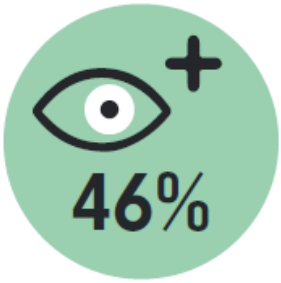
The NHS in England have committed to transforming eye care and vision for students and young people in special schools in England by delivering a **free**, eye examination **on the school premises** which will include the supply, fitting and support with glasses for every student who needs them.



Students with a learning disability and/or autism are 28x more likely to have eye health issues



44% of students have no history of eye care provision



46% of students have a significant eye problem

Please watch this short film to see the impact the service has had on a young man named Terence. Terence's story - A world brought into focus

> When SeeAbility fitted Terence's glasses I was so happy, I was in tears of joy! It was incredible, the way they worked with him, the care was incredible, they were so gentle. This is life-changing for Terence. With his glasses he can see the world clearly. He is smiling all the time! You can see so much difference in him. It is like a miracle, that's the only way I can describe it. Without exaggeration, SeeAbility have given my son the gift of sight. I am so incredibly grateful.
>
> Terrence's Mum

We'd love to support your child's eye care at school. To do this, we need your consent – please scan the QR code or go to seeability.org/opt-in to complete the form, even if your child is being seen elsewhere.

Active 30

Active 30 is a government initiative to help children become fitter and healthier. It directs schools to provide 30 minutes of active time (in addition to playtimes and scheduled PE) each school day. Families are responsible for encouraging their children to become more active for an additional 30 minutes at home. With this in mind, we are supporting families by providing a suggested weekly activity for children to do at home which requires no specialist equipment, but maybe a bit of creativity to deliver it. If you would prefer to do your own activity, that is fine. It is not compulsory, but it would be great for as many students as possible to participate. Please put any photos taken on Seesaw and tag Active Time.

Footwork Frenzy

Get Set 4 Education

What you need: 6 socks

How to play:

- Place the socks in a straight line with a gap just bigger than the size of your foot in between each sock.
- Begin at one end of the socks and complete the below three times to complete challenge.

1. Run through the gaps, placing one foot in each. Go as quickly as you can.
2. Jump two footed in each gap? Then backwards.
3. Jump feet wide, then feet together in the gaps.
4. Hopscotch. 1 foot, two feet, 1 foot, 2 feet etc
5. Rotate to turn sideways on each jump in the gaps.



www.getset4education.co.uk

Well Being Weekly

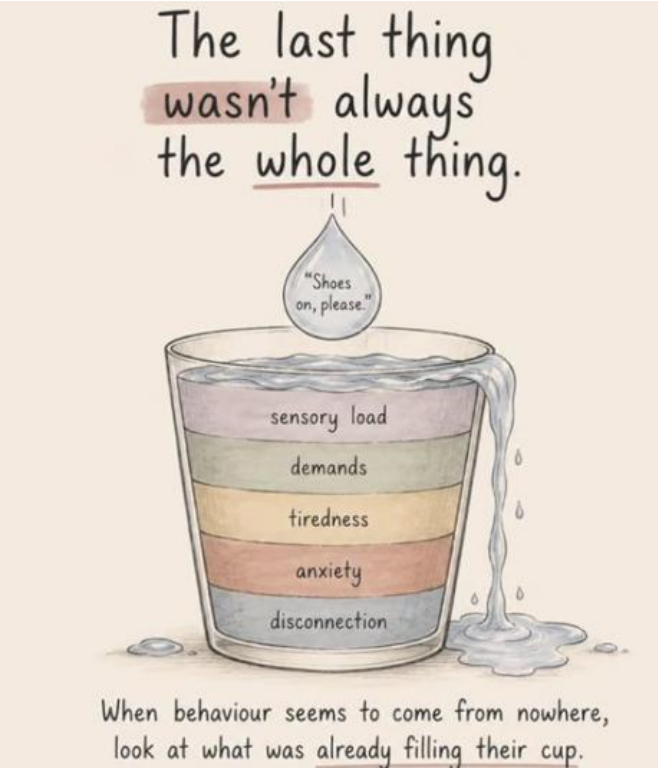
Wishing all our families, children and young people a very restful and happy half term break🍂💛🌳🌞🍁🎃😊Enjoy some much-needed rest and family connection time .

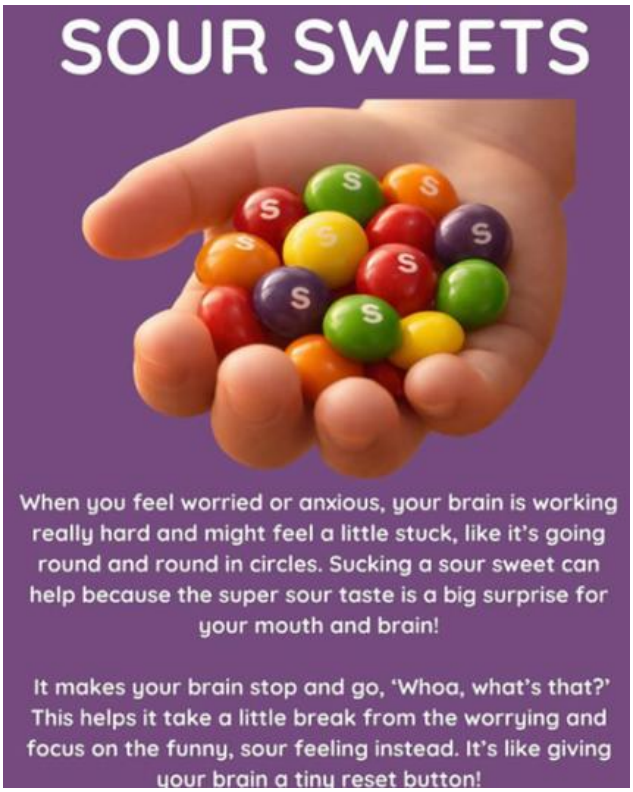
We look forward to welcoming back soon .

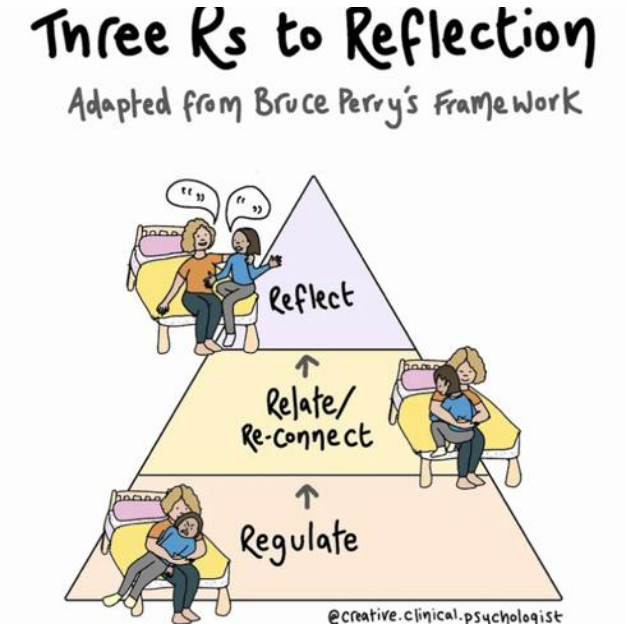
Kindest wishes

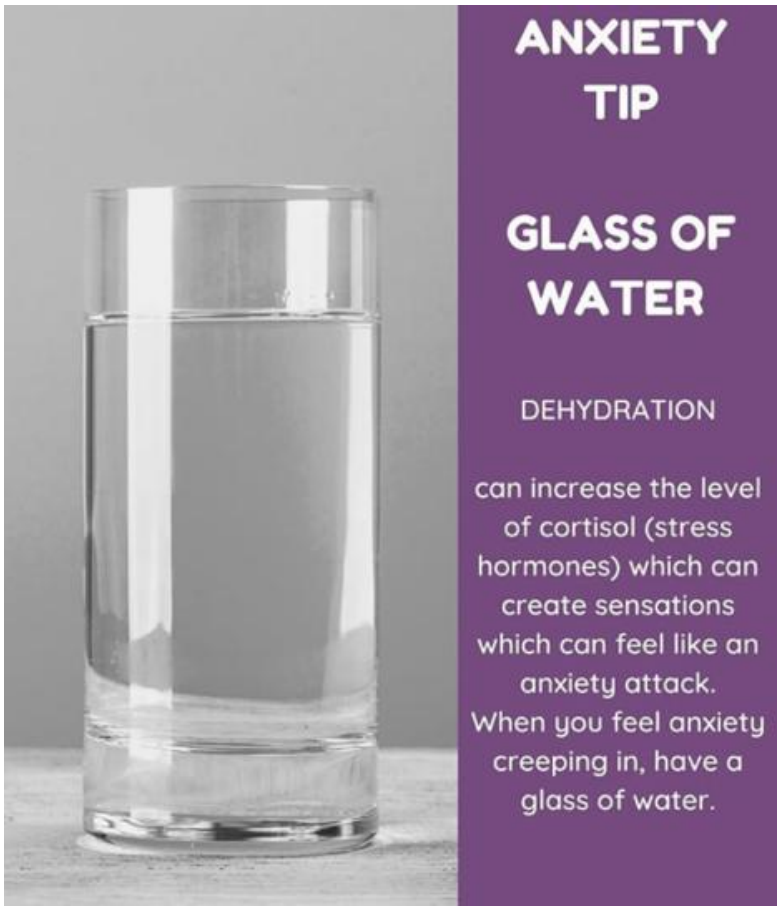
The woodlands meed well-being team

Carly, Debbie , Sue and Helen








ANXIETY TIP
GLASS OF WATER
DEHYDRATION
can increase the level of cortisol (stress hormones) which can create sensations which can feel like an anxiety attack.
When you feel anxiety creeping in, have a glass of water.


LEGS UP WALL POSTURE
CALMING THE NERVOUS SYSTEM
This powerful and restorative posture
-encourages circulation of blood and lymph
-improves digestion
-slows the heart rate
-calms the nervous system
-quietens the mind





Finalist

angels den Sussex 2026



We are delighted to share we have been shortlisted from over 100 applicants to be one of the 10 finalists at this year's Angel's Den Sussex organised by the Focus Foundation.

Angels' Den is a philanthropic programme dedicated to fostering positive change, bringing together visionary entrepreneurs and inspiring charities to create lasting impact in our communities.

The event is being held at the Brighton Dome Corn Exchange on Monday 9th November and Anna Hull, Fundraiser and Nola Bennet, Deputy Headteacher will be pitching to the 'Angels' for part of the £150,000 funding pot up for grabs!

Come along and support us and enjoy an inspirational evening hearing from all 10 grass roots charities trying to make a difference in their communities.

Book your tickets www.angelsden.org.uk/angels-den-sussex2026

woodlands meed

Supported Internship Programme

Starting September 2027

Your first steps towards employment

Real workplaces Real skills
Real opportunities



Are you ready for your next step?

- ✓ Aged 16 -24
- ✓ Have an EHCP
- ✓ Want to learn employability skills
- ✓ Have some previous work experience
- ✓ Want first steps into employment
- ✓ Can travel independently

GROWING WEST SUSSEX

Woodlands Meed in partnership with WSCC Adult Learning

west sussex county council

WHAT IS A SUPPORTED INTERNSHIP?

A study programme that combines :

English and Maths
Personal and Social Development
Career Management Skills
Employability Skills

POTENTIAL PLACEMENT AREAS

Childcare | Retail | Catering | Administration | Horticulture

HOW IT WORKS

Learn

Develop workplace, communication and employability skills

Work

Gain experience in a real workplace matched to your interests and strengths

Progress

Build confidence and take positive steps towards paid employment and future opportunities.

PROGRAMME HIGHLIGHTS

- Real work experience
- Expert Job Coach support
- Personalised support
- English & Maths qualifications
- No entry qualification required

BASED IN BURGESS HILL



Classroom-based learning in Burgess Hill. Placements across Mid Sussex, with businesses or organisations in a range of settings.

Find out more

If you want to develop your skills, gain real work experience and work towards finding the right job for you, we'd love to hear from you.

internships@woodlandsmeed.co.uk
www.woodlandsmeed.co.uk

Real Workplaces. Real Experience. Real Opportunities.



[Booking link for Information Sessions]

woodlands meed

MEED'S JOB CLUB

TIME 4 TRANSITION CAREERS FAIR



Join us for our annual careers fair and discover exciting pathways to education, employment, training and supported internships.

SAVE THE DATE!

10 NOVEMBER 2026

4pm - 6pm

Woodlands Meed College
Birchwood Grove Road
Burgess Hill
RH15 0DP

Combine your visit with Parents' evening

- **Meet Local and National Employers**
- **Explore Supported Internship Opportunities**
- **Discover Further Education and Training Options**
- **Speak with Careers Advisors and Support Services**
- **Learn about pathways to independence and employment**

Contact us:
Telephone: 01444 244133
Email: Careers@woodlandsmeed.co.uk

Website:
woodlandsmeed.co.uk

College Open Days

Please see below a list of various upcoming College Open Days

Crawley College – Thursday 08th October and Saturday 07th November

Open events | Crawley College

Plumpton College – Saturday 10th October and Saturday 21st November

Upcoming Events - Plumpton College

Brighton Metropolitan College – Wednesday 14th October & Saturday 21st November

Open events | Brighton Metropolitan College

Brinsbury College – Saturday 10th October

Open events | Brinsbury College

Supajam, Brighton – Thursday 08th October

Open Evenings | SupaJam Education | Swanley, Canterbury and Brighton

East Sussex College

Open Events | East Sussex College

Lewes – Thursday 15th October

Hastings – Tuesday 13th October

Eastbourne – Wednesday 14th October

St Piers School & College

St Piers Lane, Lingfield Surrey RH7 6PW
t. School: 01342 831229 College: 01342 831264
Admissions: 01342 832243
e. education@youngepilepsy.org.uk
w. stpiers.org.uk

St. Piers School and College is part of Young Epilepsy. Registered Charity number 311877 (England and Wales)

College Tours for Young People with an EHCP

Following the success of our College Open Day in September and the high level of interest received, we are pleased to offer additional opportunities to visit **St Piers College**.

These smaller events take place during a normal college day, giving prospective students, families and professionals the opportunity to learn more about our specialist college provision and see the college environment firsthand.

Who Can Attend?

Families / carers of young people aged **19-25** with an EHCP looking for college placements. Your young person is also welcome to attend. In order to keep tours smaller and more personal, we are limiting numbers so we respectfully ask you to limit your party to **2 persons**.

What to Expect.

- Presentation by Admissions and College staff at **1:00pm**
- Information about our curriculum, specialist support and pathways
- Opportunity to meet members of the college team
- Time to ask questions about admissions and placements
- Small-group guided tours of the college
- We expect the event to last 1 ½ to 2 hours.

Tour Dates

☐ **Friday 13 November 2026 at 1:00pm**

☐ **Friday 5 February 2027 at 1:00pm**

How to Book

Places are limited and booking is essential.

Please email the Admissions Team to book a place.

Email: admissions@stpiers.org.uk
Tel: 01342 831348

We Look Forward to Welcoming You to St Piers College

Our aim is to help young people to fulfil realistic aspirations, achieve their goals, and develop meaningful and relevant skills for everyday life in society.

West Sussex mind



PARENTING MENTAL HEALTH COURSE - CRAWLEY

FREE!

A 6 week course for parents/carers to gain knowledge and understanding around supporting your child/ren & young people's mental health, offering a safe space to reflect and gain peer support along the way.

Topics covered include; 5 ways to well-being, self esteem, anxiety, emotional regulation, communication, parenting styles, attachment, teenage brain re-wiring and parental self-compassion.

This course is open to any parent/carer of a child aged 5-18 living or attending school in West Sussex and able to commit to the 6 sessions.

DATES 🗓️

Thursday 5th November
Thursday 12th November
Thursday 19th November
Thursday 26th November
Thursday 3rd December
Thursday 10th December

LOCATION 📍

Crawley Community Action,
The Orchard,
1-2 Gleneagles Court
Brighton Road,
Crawley
RH10 6AD

TIME 🕒

10am - 12.30pm weekly

Refreshments provided



To secure your place or for more information, please email: parentingsupport @westsussexmind.org

Get Ready For A Fang-tastic October Half Term In Burgess Hill!

Halloween Trail

We are hosting our annual Town Centre Halloween Trail. Participants will be asked to help Pirate Pete find his missing treasure; they will sail around the shops looking for answers. Once they have completed their trail map, they will be able to collect their own treasure from the Help Point. Three additional winners, chosen at random, will each win an extra prize consisting of a toy and an educational activity prize!



The trail runs from Monday 26 to Friday 30 October. Collect your trail map from the Help Point and set off on a spooky adventure around Burgess Hill.

Sports Session – Badminton

Would you like to learn a new sport? Then join us at The Triangle on Monday 26 October 10:30-12:30 for a free Badminton session. Participants must complete an online waiver before attending which can be found at www.burgesshill.gov.uk/sports-sessions/.

Sports sessions are aimed at 5–14-year-olds. Participant numbers will be managed on the day.



Halloween Crafts

Get creative this Halloween with our craft sessions in partnership with Creative Community Hub. With three sessions to choose from, participants can enjoy making something new, experimenting with different materials, and creating a fun masterpiece to take home. Sessions take place on Wednesday 28 October, at 10am, 11am, and 12pm, all sessions run for 45 minutes and are aimed at ages 5-11.

Advance booking is required via www.ticketsource.co.uk/burgesshilltowncouncil, or by calling 01444 247726. Booking opens at 9am on Wednesday 14 October, with priority given to those living in Burgess Hill.



Reaching Families

Are you a parent or carer of a child or young person in West Sussex who has, or may have, special educational needs and disabilities?



Reaching Families is a parent-carer led charity which aims to empower parent-carers and families of children & young people with special educational needs and disabilities in West Sussex through the delivery of information, advice, training and peer support.

Making Sense of it All

In-depth parent-carer guide covering SEND issues from birth to adulthood

Umbrellas

Parent support groups based at locations across West Sussex and online, via Zoom

Training

Workshops and courses on a variety of issues delivered online, via Zoom

Face-2-Face

Peer based befriending for parents of children undergoing diagnosis

Animations

Short animated films on a variety of subjects

Fact sheets

Covering a range of SEND issues localised to the needs of West Sussex families

Benefits Advice Service

1-2-1 advice & claim checking support for families applying for DLA, PIP & Carers Allowance

NDP Navigation Service

Support service for parent-carers of children undergoing assessment on the West Sussex Neurodevelopmental Pathway (via referral from a professional)

Facebook Group

An online parent support group providing news, information and peer support

If you would like more information about how Reaching Families can help, please contact:

Email: admin@reachingfamilies.org.uk
Telephone: 01903 366 360

Reg Charity No 1150906

Reaching Families

www.reachingfamilies.org.uk

UMBRELLAS

Parent Support Groups

Autumn Term 2026

Connecting parents and carers of children and young people in West Sussex with special educational needs and disabilities



Burgess Hill Umbrellas

Tuesdays, 10 am - 11.30 am
The Cherry Tree Centre
8th Sep / 6th Oct / 3rd Nov / 1st Dec

Littlehampton Umbrellas

Wednesdays, 10 am - 11.30 am
Creative Heart Community Hub (upstairs)
9th Sep / 7th Oct / 4th Nov / 2nd Dec

Worthing Umbrellas

Tuesdays, 10 am - 11.30 am
Durrington Community Centre
22nd Sep / 20th Oct / 17th Nov / 15th Dec

Umbrellas Online

Thursdays via Zoom
7.30 - 9pm
10th Sep / 8th Oct / 5th Nov / 10th Dec

Horsham Umbrellas

Wednesdays, 10 am - 11.30 am
Horsham Family Hub
16th Sep / 21st Oct / 18th Nov / 16th Dec

Shoreham Umbrellas

Tuesdays, 10 am - 11.30 am
Adur East Family Hub
15th Sep / 13th Oct / 10th Nov / 8th Dec

Bognor Regis Umbrellas

Thursdays, 10 am - 11.30 am
Arun West Family Hub
24th Sep / 22nd Oct / 19th Nov / 10th Dec

If you would like more information about Umbrellas or the link to join Umbrellas online, please contact our outreach team.

outreach-training@reachingfamilies.org.uk

Reaching Families
www.reachingfamilies.org.uk

Dove Lodge, 49 Beach Road,
Littlehampton, BN17 5JG

Registered Charity No: 1150906
Company Limited by Guarantee No: 8261096

TRAINING

AUTUMN TERM 2026





WORKSHOPS

Understanding Attention Deficit Hyperactivity Disorder (ADHD)	Thursday 5th November	10.30 am - 12.30 pm
Making Sense of Anxiety in Adolescence (11 years +)	Tuesday 10th November	7.30 - 9.30 pm
Understanding Demand Avoidance	Friday 13th November	10.30 am - 12.30 pm
Understanding Avoidant Restrictive Food Intake Disorder (ARFID)	Monday 16th November	7.30 - 9.30 pm
Making Sense of Wellbeing: Communication skills for parents and carers	Tuesday 24th November	10.30 am - 12 pm
Understanding Autism	Wednesday 25th November	7.30 - 9.30 pm
Making Sense of Disability Living Allowance (DLA)	Thursday 26th November	10.30 am - 12.30 pm
Making Sense of Adult Life - Supporting Adolescents (11 years +)	Wednesday 2nd December	7.30 - 9.30 pm
Making Sense of Annual Reviews	Thursday 3rd December	7.30 - 9.30 pm
Making Sense of Sleep (for children age 2 - 11 years)	Wednesday 9th December	10.30 am - 12.30 pm

All of the above training will be delivered on Zoom

For further information visit our website or email: outreach-training@reachingfamilies.org.uk

SCAN ME

All our workshops are free of charge. For more information or to book a place, please visit our Eventbrite page or scan the QR code.

reachingfamilies.eventbrite.com

Reaching Families

www.reachingfamilies.org.uk

Registered Charity No: 1150906
Company Limited by Guarantee No: 8261096

Free programmes available at the Help Point

Christmas Festival

Brought to you by BurgessHill Town Council

26 - 29 November
Burgess Hill Town Centre

Christmas Lights Switch On ~ Food & Drink
Live Music ~ Entertainment
Free Family Activities & Lots More!

The Christmas Chalets are back!



For more information follow us on social media,
visit www.burgesshill.gov.uk/the-christmas-festival/
Call 01444 247726, or pop into The Help Point, 96 Church Walk

Thursday 26 November

CHALETS OPEN 11AM-7PM

THE STAGE, CHURCH WALK

11.15am ~ Burgess Hill Girls
1.45pm ~ Burgess Hill Academy
2.15pm ~ London Meed School
4pm-7pm ~ Tobias
5pm ~ Christmas Lights Switch On

OTHER LOCATIONS

Until 7pm ~ Late Night Shopping ~ Market Place Shopping
11am-7pm ~ Teacups Ride ~ Church Walk
2.45-4.45pm ~ Santa's Grotto ~ Market Place Shopping
4-6pm ~ Children's Crafts ~ The Hub
4-4.30pm ~ Storytime ~ The Library
4.50-6.50pm ~ LED Fairy ~ Church Walk
5.30pm & 7pm ~ Drama Workshops ~ Theatre Club

Friday 27 November

CHALETS OPEN 11AM-7PM

THE STAGE, CHURCH WALK

11am ~ Woodlands Meed & Al Start
12pm ~ Haywards Heath College
1pm ~ Aimee Iris
2pm ~ Southway School
2.40pm & 3.40pm ~ Rock Choir
4.20pm ~ Belle & Snow White
5pm ~ Small Talk

OTHER LOCATIONS

11am-2pm ~ Adult's Crafts ~ The Hub
11am-5pm ~ Burgess Hill Artists Fair ~ St John's Church
1-3pm ~ Printing Workshop ~ St John's Church
3-5pm ~ Santa's Grotto ~ Market Place Shopping
3-5pm Belle and Snow White ~ Church Walk
4pm ~ Walkhouse Gielgud Academy ~ Market Place Shopping of Performing Arts
5.15pm & 6pm ~ Fire Dancer ~ Church Walk

Saturday 28 November

CHALETS OPEN 10AM-8PM

THE STAGE, CHURCH WALK

10am ~ Burgess Hill Marching Youth
(starting in Market Place Shopping and marching to the stage)
11am ~ Mia Hayman-Lewis
12.30pm ~ Ariel Drama Acdemies
1pm ~ Niruththiyalayam School of Dance
2pm ~ Joe Parrott Music
3pm ~ DJ Deano
5.30pm ~ In Yer Face

MARKET PLACE SHOPPING

10.30am-12.30pm & 1-3pm ~ Santa's Grotto
11am-3pm ~ Community Market
11am ~ Salvation Army Band
1.30pm ~ Sussex Harmonisers

CHURCH WALK

10am-8pm ~ Ice Rink and Snow Globe
10am-8pm ~ Burgess Hill Creative Community Market
10am-2pm ~ Facepainting in the Help Point
11am-5pm ~ The Imperial Outlanders
1pm, 2pm & 3pm ~ Stocking Up!
2-6pm ~ Balloon Artist

OTHER LOCATIONS

11am-5pm ~ Burgess Hill Artist Fair ~ St John's Church & Gift Wrapping
12.15pm & 2.15pm ~ The Nutcracker & The Mouse King ~ Cyprus Hall
(doors open at 11.45am & 1.45pm respectively, the show is 1 hour long)
1-3pm ~ Printing Workshop ~ St John's Church

Sunday 29 November

CHALETS OPEN 10AM-4PM

THE STAGE, CHURCH WALK

10.30am ~ Ariel Choir
11.15am ~ Brighton School of Singing
12pm & 2pm ~ Tomfoolery
12.45pm ~ M&M Theatre
3pm ~ Vocal Dimensions Choir

MARKET PLACE SHOPPING

10.30am-12.30pm & 1.30-3.30pm ~ Facepainting
1pm ~ Tomfoolery

CHURCH WALK

10am-4pm ~ Ice Rink and Snow Globe
10am-4pm ~ Burgess Hill Theatre Club Craft Fair
12pm, 1.15pm & 2.25pm ~ Dickensian Ding Dong

OTHER LOCATIONS

4pm ~ Advent Carols ~ St John's Church



Mid Sussex Play Days

October Half Term Indoor Play Days 2 - 4 pm

Tuesday 27th October @ Kings Centre, Burgess Hill RH15 9LR

- Puppet Shows with Wishworks Puppets
- Circus Skills with Rob from Circus Allstars
- Silent Disco run by DJ Neel from Tons of Sounds
- Hockey Skills run by Hockey Made Happy
- Flamenco Fit with Josefa
- Maggie's Music Bus - rhymes and music
- Dance Workshop from To the Beat
- Baby Ballet
- Junk Percussion with Mat
- Football Skills from Little Kickers
- Martial Arts with White Tiger MA
- Badge Making with Poponin
- Get creative painting with Rosa
- Nature Makers crafts with Lindsey
- Creation Station with Kirsty
- Sussex Police
- First Aid - learn skills

Wednesday 28th October @ Jubilee Centre, East Grinstead RH19 2 HL

- Puppet Shows with Wishworks Puppets
- Circus Skills with Rob from Circus Allstars
- Silent Disco run by DJ Neel from Tons of Sounds
- Hockey Skills run by Hockey Made Happy
- Maggie's Music Bus - rhymes and music
- Flamenco Fit with Josefa
- Football Skills from Little Kickers
- Get creative painting with Rosa
- Nature Makers crafts with Mel
- Nature Crafts with Lucy from Catkin & Conker
- Animal Masks with Countryside Rangers from Glendale
- Badge Making with EG Girl Guides
- Sussex Police
- First Aid - learn skills

Friday 30th October @ Dolphin Leisure Centre, Haywards Heath RH16 1LY

- Tomfoolery with be creating Magic and fun
- Gymnastics run by instructors from Dolphin Leisure Centre
- Circus Skills with Rob from Circus Allstars
- Silent Disco run DJ Neel from Tons of Sounds
- Hockey Skills run by Hockey Made Happy
- Maggie's Music Bus - rhymes and music
- Flamenco Fit with Josefa
- Football Skills from Little Kickers
- Martial Arts with White Tiger MA
- Lego Brick Library - build, play, learn, connect
- Get creative painting with Rosa
- Nature Makers crafts with Mel
- Nature Crafts with Lucy from Catkin & Conker
- Recycling crafts from Anna Bentswood Hub CIC
- Sussex Police
- First Aid - learn skills



Accessible music for all!

KIDENZA

orchestral concerts for kids





Saturday 24th October

All tickets are £5

Pick from three sessions throughout the day

at Chailey Heritage Foundation

Kidenza offers a unique, accessible orchestral experience for children and their families, especially those with higher sensory needs. It's an interactive, relaxed, and enjoyable adventure where kids can engage freely!

There are also other additional workshops available, and the café is open! All proceeds support Chailey Heritage Foundation.

Scan for more information and tickets!

Chailey Heritage Foundation

fundraising@chf.org.uk

Registered Charity 1075837

Company limited by guarantee 3769775 (England)

Chailey Heritage Foundation, North Chailey, BN8 4EF

wingsyouththeatre.co.uk

WINGS YOUTH THEATRE

PRESENT

30th Oct - 1st Nov 2026

(October Half Term)

HONK!

Jr.™

Croft Theatre,
Burgess Hill Girls School

£13.50 Adult | £9.50 Child/Concession

Friday 30th October - 7:30pm
Saturday 31st October - 2:30pm
Saturday 31st October - 7:30pm
Sunday 1st November - 2:30pm

SCAN ME

Grab your tickets!

ticketsource.co.uk/**wingsyouththeatre**
or email **hello@wingsyouththeatre.co.uk**

This amateur production is presented by arrangement with Music Theatre International.
All authorised performance materials are also supplied by MTI
www.mtishows.co.uk

BEDE'S HOLIDAY CLUB

OUR PROGRAMME:

Join Bede's Holiday Club for an action-packed multi-activity programme designed for children aged 5–12. Whether your child attends Bede's or another local school, everyone is welcome!

OCTOBER 2026

DATES:

- Week 1 (19th - 23rd October): Burgess Hill
- Week 2 (26th - 30th October): Burgess Hill I Eastbourne I Upper Dicker
- Week 3 (2nd - 6th November): Eastbourne





5% WEEKLY & SIBLING DISCOUNT

FOR AGES 5 - 12

LOCATIONS:

Now running across three venues: Eastbourne (Bede's Prep School), Upper Dicker (Bede's Senior School), and our brand-new site in Burgess Hill (Burgess Hill Girls School)!

BOOK NOW

PHONE: 01323 356983
EMAIL: PARTNERSHIPS@BEDES.ORG

WWW.BEDESHOLIDAYCLUB.ORG

JOLF SEND Family Sessions
Burgess Hill

Fun for ALL the family

These quiet and calm sessions will include and involve ALL family members in enjoyable and meaningful golf tasks, challenges and activities.

No experience required & all equipment provided

WHEN EVERY Wednesdays 5pm – 6pm (term time only)

WHERE Woodlands Meed College, Birchwood Grove Road, Burgess Hill, RH15 0TP

COST £3.00 per family per session (FREE Taster Session)

TO BOOK contact neil@JOLF.golf 07713646988



FREE FUN-FILLED

PLAY DAYS

Tuesday 27th October

Kings Centre, Burgess Hill, RH15 9LR

Wednesday 28th October

Jubilee Centre, East Grinstead, RH19 2HL

Friday 30th October

Dolphin Leisure Centre, Haywards Heath, RH16 1LY

All events are 2 – 4 pm

No need to book! Just turn up and join in. Equipment provided

MID SUSSEX DISTRICT COUNCIL

www.midsussex.gov.uk/playdays

Family Fun Sessions

-Holiday sessions for families of children and young people SEND*

*Special Educational Needs and Disabilities

The King's Church
Monday 26 October

12.30-2pm and 2.30-4pm
aimed at ages 3-18

FREE ADMISSION

Tickets must be pre-booked from 28 September via TicketSource, by calling The Help Point on 01444 247726 or in person at 96 Church Walk

Arts and crafts, activities, and information services!

Sponsored by

The Budding Foundation
Reg No. 1155335

Any questions contact the Community Team on 01444 247726 or email communityteam@burgesshill.gov.uk

Co-organised by

THE KING'S CHURCH

BurgessHill Town Council

OCTOBER HALF TERM

Holiday CLUBS AT LODGE HILL

9AM – 4PM



LODGE HILL

TUESDAY 27TH & THURSDAY 29TH

£32 PER CHILD

LOOKING FOR THE PERFECT SCHOOL HOLIDAY EXPERIENCE FOR YOUR CHILD? OUR FUN-FILLED HOLIDAY CLUBS ARE DESIGNED FOR CHILDREN AGED 8-12 YEARS, OFFERING EXCITING OUTDOOR ADVENTURES IN A SAFE, SUPPORTIVE ENVIRONMENT.

FOR MORE INFORMATION AND TO BOOK, VISIT OUR WEBSITE:
LODGEHILL.ORG.UK

JOIN US FOR OUR FAMILY FRIENDLY HALLOWEEN EXPERIENCE...

LODGE HILL'S SPOOKY STROLL

🗓️ 24th – 26th October 2026

🕔 5pm – 8:30pm (last entry at 8pm)

💷 £15 per child | £6 per adult

Enjoy spooky fun for the whole family!

Halloween Light-Up Trail

Pumpkin Carving

Biscuit Decorating

Marshmallow Toasting

Face Painting

Sno-tubing

Raffle & Tombola

Food & Refreshments (charges apply)

👉 Book now via our website!

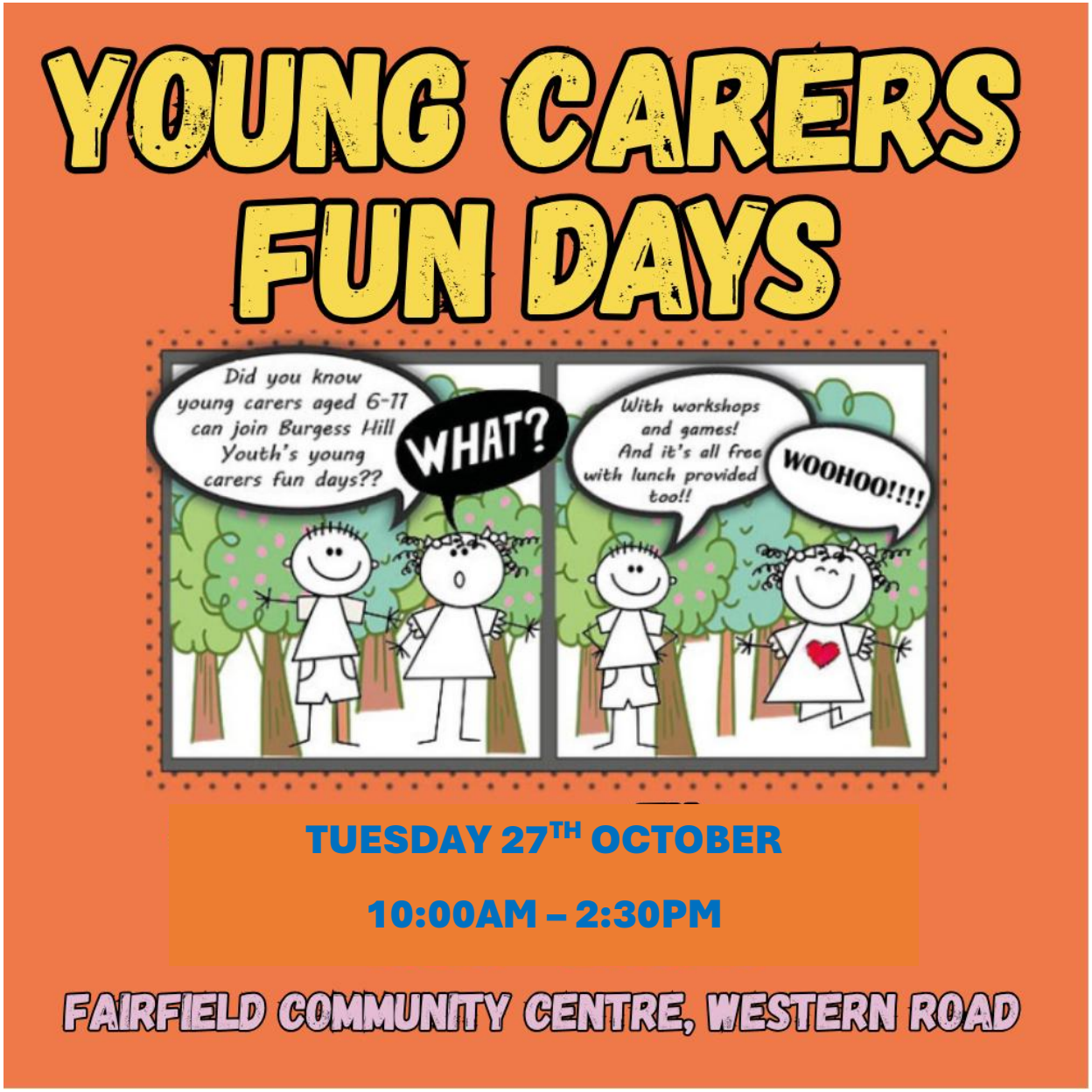

Royal Botanic Gardens
Kew
Wakehurst
Wallace
&
Gromit
FANTASTIC FUNGI TRAIL
Book now
17 October –
1 November
©&™ Aardman Animations Limited / Wallace & Gromit Limited (2026).
All Rights Reserved.

Join Burgess Hill Youth Club, Burgess Hill Town Council, and Lost Woods for an exciting adventure filled with indoor and outdoor activities, learning, and new experiences at Fairfield Community Centre.

Lunch will be provided by Mustard Seed Café.

To find out more information about what it means to be a young carer, see highlights from previous sessions, or to book a place on Tuesday 27 October 10am to 2:30pm, please visit our website. www.burgesshill.gov.uk/town-community/young-carers/ .

Registration closes on Friday 23 October at 9am



The Sussex Butterfly Gardens

DITCHLING

OCTOBER HALF TERM

OPEN EVERY DAY 10am - 5pm



Come discover our wonderful Tropical Butterflies

Plus, discover our spooktacular Halloween activities this half term!

EVERY DAY

Halloween Express
Our usual train ride - with a Halloween twist!

11am-4pm
£2.50pp

28th, 30th & 31st
Bug Discovery Experience with Zara

Free Halloween Crafts in Bug Hut

To book tickets visit
www.sussexbutterflygardens.co.uk

BRIGHTON & HOVE ALBION FOUNDATION



INCLUSIVE FOOTBALL

FOR PLAYERS AGED 8+ WITH A DISABILITY

LANCING | BURGESS HILL

JOIN OUR INCLUSIVE HOLIDAY FOOTBALL CAMPS

FIND OUT MORE

Brighton & Hove Albion Foundation, American Express Stadium, Village Way, Brighton BN1 9BL. Tel: 01273 878265.
Company limited by guarantee in England and Wales (No. 5122343). Registered charity in England and Wales (No. 1110978).

If you need support, help is out there...

Crisis Services:

SAMARITANS

116 123 (open 24/7)

childline
ONLINE, ON THE PHONE, ANYTIME

0800 1111 (open 24/7)

PAPYRUS

0800 068 41 41 or Text
PAPYRUS to 07860 039967

NHS Sussex Partnership
NHS Foundation Trust

Sussex Mental Healthline
0800 0309 500 (24/7)



Text Services:

For under 25s:
Text THE MIX to 85258

For help with self-harm:
Text SHOUT to 85258

shout 85258
here for you 24/7

For info and advice:
Text YM to 85258

YOUNG MiNDS

General Support:

For emotional wellbeing:
e-wellbeing.co.uk

e-wellbeing
POWERED BY YMCA DownsLink Group

For help with eating disorders:
beateatingdisorders.org.uk

Beat
Eating disorders

For young people and families:
youngminds.org.uk

YOUNG MiNDS

IN CASE OF EMERGENCY:

Call 111 or 999, or go to your nearest A&E

e-wellbeing
POWERED BY YMCA DownsLink Group