Weekly Bulletin

Diary Dates	
10th November	Parents' Evening at School & College Site
10th November	Time 4 Transition Careers event for Year 9, KS4 and KS5 pupils and families
13th November	BBC Children in Need Day
W/C 16th November	Anti – Bullying Week (Well-being teams)
17th November	Odd Socks Day – School & College

Letters sent this week
Rabbit Class – Weekly Outings Autumn Term 2
Walking & Nature Enrichment – Autumn Term 03.11.26 – 15.12.26
College Site Panto – Save The Date 16.12.26
Easyfundraising to help us raise money this Festive Season
Duke of Edinburgh visit to Hilgay Care Home, Burgess Hill
Duke of Edinburgh visit to The Oaks Poultry Farm, Ditchling
Children in Need – College Site 13.11.26
Owl Class Trip to Burgess Hill Town Centre, Burgess Hill – 09.11.26
Fox Class Trip to Burgess Hill Town Centre, Burgess Hill – 13.11.26
Brinsbury College Animal Care 19.11.26 – 17.12.26
College Swimming Monday Group Autumn Term 09.11.26 – 30.11.26
College Swimming Friday Group Autumn Term 13.11.26 – 04.12.26
Year 10 & 12 Residential Trip to Blackland Farm, East Grinstead 12th -14th July 2027

Lunch Menu	**Copies of letters**	**Term Dates**
		

Worried about managing over Christmas?

If you are experiencing financial difficulties or have concerns about managing the additional pressures that Christmas can bring, please don't hesitate to contact the Wellbeing Team at school or college. We may be able to offer support or help connect you with local services and resources.
There is absolutely no shame or judgement in asking for help. Any conversations will be treated with sensitivity and confidentiality, and we are here to support you and your family in whatever way we can.
Please contact the Wellbeing Team if you would like to have a chat. We're here to help.

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SEE ABILITY
Live. Love. Thrive. Belong.

NHS
Providing NHS services

Special School Eyecare Service

School service information

Introduction

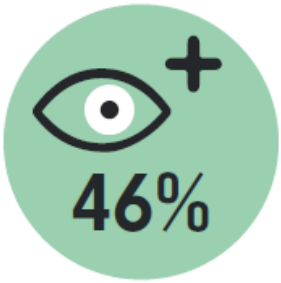
The NHS in England have committed to transforming eye care and vision for students and young people in special schools in England by delivering a **free**, eye examination **on the school premises** which will include the supply, fitting and support with glasses for every student who needs them.



Students with a learning disability and/or autism are 28x more likely to have eye health issues



44% of students have no history of eye care provision



46% of students have a significant eye problem

Please watch this short film to see the impact the service has had on a young man named Terence. Terence's story - A world brought into focus

> When SeeAbility fitted Terence's glasses I was so happy, I was in tears of joy! It was incredible, the way they worked with him, the care was incredible, they were so gentle. This is life-changing for Terence. With his glasses he can see the world clearly. He is smiling all the time! You can see so much difference in him. It is like a miracle, that's the only way I can describe it. Without exaggeration, SeeAbility have given my son the gift of sight. I am so incredibly grateful.
>
> Terrence's Mum

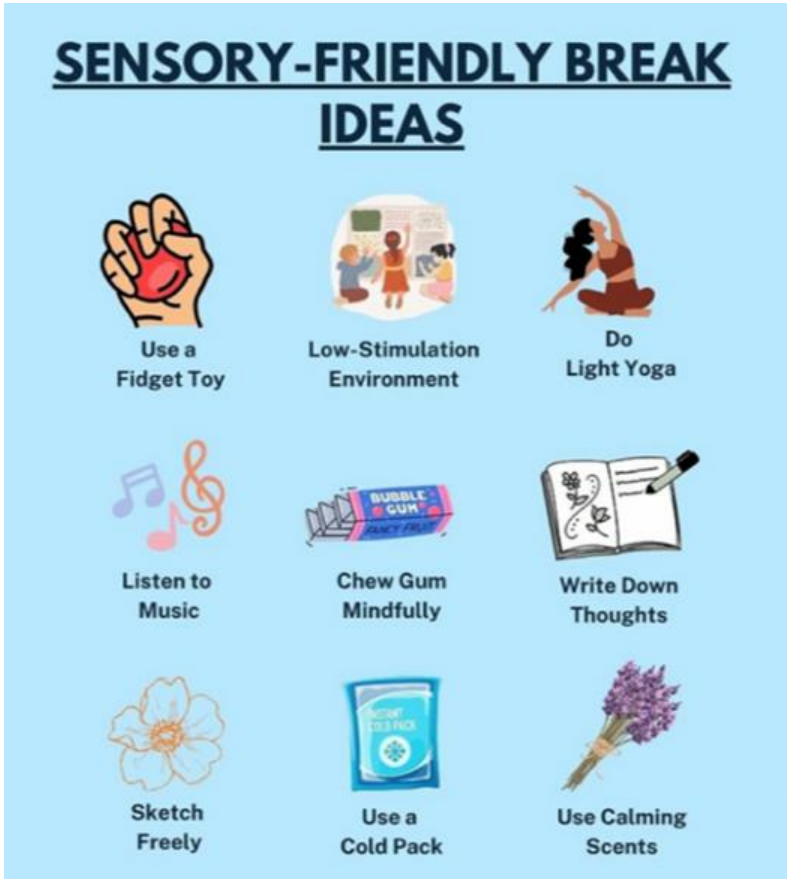
We'd love to support your child's eye care at school. To do this, we need your consent – please scan the QR code or go to seeability.org/opt-in to complete the form, even if your child is being seen elsewhere.

Active 30

Active 30 is a government initiative to help children become fitter and healthier. It directs schools to provide 30 minutes of active time (in addition to playtimes and scheduled PE) each school day. Families are responsible for encouraging their children to become more active for an additional 30 minutes at home. With this in mind, we are supporting families by providing a suggested weekly activity for children to do at home which requires no specialist equipment, but maybe a bit of creativity to deliver it. If you would prefer to do your own activity, that is fine. It is not compulsory, but it would be great for as many students as possible to participate. Please put any photos taken on Seesaw and tag Active Time.



Well Being Weekly





Natural Kids Dopamine

(WITHOUT A SCREEN)



1. Making their bed



2. Splashing cold water on face



3. Playing with lego



4. Practicing a new skill



5. Moments of being bored



6. Screen free dinners



7. Helping clean up dinner



8. Inventing family games



9. Reading in bed

Natural Kids Serotonin

(WITHOUT A SCREEN)



1. Morning sunlight



2. Going camping



3. Playing an instrument



4. Climbing trees



5. Building a nature fort



6. Stargazing with family



7. Eating natural foods



8. Learning to draw



9. Having a night routine

Natural Kids Oxytocin

(WITHOUT A SCREEN)



1. Offline socialising



2. Baking for neighbours



3. Making new friends



4. Supporting grandparents



5. Looking after siblings



6. Hugging family



7. Saying thank you



8. Playing with pets



9. Sleepovers with friends

friends of woodlands meed

AGM

Annual General Meeting

EVERYONE IS WELCOME

Stay informed and get involved.

Please come and join us for coffee and mincepies, to hear about the work of your PTA, give us your ideas and get involved!

Woodlands Meed College - Monday 14th December 2026 – 1030am – 1130am

Please RSVP to ahull@woodlandsmeed.co.uk so we can know numbers for seating and refreshments



Parentkind
Member Association

WOODLANDS MEED PITCH TO ANGELS



Woodlands Meed is taking part in Monday's Angels' Den at Brighton Corn Exchange and organised by Focus Foundation.

Ten finalists will be hoping for a share of £150,000, and Anna Hull from the school says the money would make a huge difference.

She said: "At Woodlands Meed, we're working to tackle one of the biggest challenges facing young people with special educational needs and disabilities: the gap between education and employment. Despite having talents, ambition and much to contribute, only six per cent of adults with learning disabilities are in paid employment. We believe that has to change.

"We are seeking £25,000 to purchase a fully fitted mobile coffee van, but this isn't simply a van.

"It's a mobile training centre, a social enterprise and a bridge between education and employment. It will provide young people with meaningful, real-world work experience while giving local employers the opportunity to see first-hand the skills, commitment and potential our students can bring to the workplace.

"The coffee van will enable us to showcase the skills, talents and potential of our young people to the wider community and, in particular, local employers."

Anna says that the impact goes beyond simply serving coffee.

She said: "When a young person gains the confidence, skills and experience needed to move towards employment, the benefits can last a lifetime. Whilst some students will gain direct work experience through the enterprise, every young person at Woodlands Meed will benefit from the increased opportunities, aspirations and pathways that the project creates. It will become a visible example of what is possible for young people with SEND as they prepare for adulthood.

"The project builds on Woodlands Meed's growing employability programme, including its successful supported internship initiative, which currently supports young people from across Mid Sussex to gain valuable workplace experience and move closer to sustainable employment.

"The more opportunities we can create today, the more we help build a future where employers recognise the value that people with SEND bring to the workplace.

"This is not just life-changing for those individuals and their families; it's good for businesses, communities and society as a whole."

Anna describes the plan as 'a lasting legacy of opportunity, independence and inclusion – an investment that will help young people with SEND develop skills today, access employment tomorrow, and build more fulfilling and independent lives for years to come.'

"This is about much more than a coffee van. It's about creating opportunities, changing perceptions and building futures. Every cup served will represent a young person developing confidence, independence and employability skills. With the support of Angels' Den, we can create a lasting legacy that helps young people with SEND move from education into meaningful employment and fulfilling adult lives."

"In time, Woodlands Meed hopes to establish the Woodlands Meed Life Skills Launchpad, a dedicated centre focused on improving post-19 outcomes for young people across Sussex with SEND through employability, independence and life skills development.

Anna says: "This project represents an exciting next chapter in our work to improve life opportunities for young people with SEND across Sussex. Our ambition is to build on this social enterprise and our supported internship programme to create more real-world opportunities for young people to develop workplace skills, gain confidence, and move towards paid employment. We want every young person to leave us believing in their potential, equipped with the skills to live as independently as possible and ready to play an active role in their community."

Tickets are still available for Angels' Den on Monday evening – click here for more details Angels' Den Sussex 2026 - Focus Foundation

woodlands meed

Supported Internship Programme

Starting September 2027

Your first steps towards employment

Real workplaces Real skills
Real opportunities



Are you ready for your next step?

- Aged 16 -24
- Have an EHCP
- Want to learn employability skills
- Have some previous work experience
- Want first steps into employment
- Can travel independently

GROWING WEST SUSSEX LEARNING AND WELLBEING ALLIANCE

Woodlands Meed in partnership with WSCC Adult Learning

west sussex county council

WHAT IS A SUPPORTED INTERNSHIP?

A study programme that combines :

English and Maths
Personal and Social Development
Career Management Skills
Employability Skills

POTENTIAL PLACEMENT AREAS

Childcare | Retail | Catering | Administration | Horticulture

HOW IT WORKS

Learn

Develop workplace, communication and employability skills

Work

Gain experience in a real workplace matched to your interests and strengths

Progress

Build confidence and take positive steps towards paid employment and future opportunities.

PROGRAMME HIGHLIGHTS

- Real work experience
- Expert Job Coach support
- Personalised support
- English & Maths qualifications
- No entry qualification required

BASED IN BURGESS HILL



Classroom-based learning in Burgess Hill. Placements across Mid Sussex, with businesses or organisations in a range of settings.

Find out more

If you want to develop your skills, gain real work experience and work towards finding the right job for you, we'd love to hear from you.

internships@woodlandsmeed.co.uk
www.woodlandsmeed.co.uk

Real Workplaces. Real Experience. Real Opportunities.



[Booking link for Information Sessions]

woodlands meed

MEED'S JOB CLUB

TIME 4 TRANSITION CAREERS FAIR



Join us for our annual careers fair and discover exciting pathways to education, employment, training and supported internships.

SAVE THE DATE!

10 NOVEMBER 2026

4pm - 6pm

Woodlands Meed College
Birchwood Grove Road
Burgess Hill
RH15 0DP

Combine your visit with Parents' evening

- **Meet Local and National Employers**
- **Explore Supported Internship Opportunities**
- **Discover Further Education and Training Options**
- **Speak with Careers Advisors and Support Services**
- **Learn about pathways to independence and employment**

Contact us:
Telephone: 01444 244133
Email: Careers@woodlandsmeed.co.uk

Website:
woodlandsmeed.co.uk

College Open Days

Please see below a list of various upcoming College Open Days

Crawley College –Saturday 07th November

Open events | Crawley College

Plumpton College –Saturday 21st November

Upcoming Events - Plumpton College

Brighton Metropolitan College –Saturday 21st November

Open events | Brighton Metropolitan College

St Piers School & College

St Piers Lane, Lingfield Surrey RH7 6PW
t. School: 01342 831229 College: 01342 831264
Admissions: 01342 832243
e. education@youngepilepsy.org.uk
w. stpiers.org.uk

St. Piers School and College is part of Young Epilepsy. Registered Charity number 311877 (England and Wales)

College Tours for Young People with an EHCP

Following the success of our College Open Day in September and the high level of interest received, we are pleased to offer additional opportunities to visit **St Piers College**.

These smaller events take place during a normal college day, giving prospective students, families and professionals the opportunity to learn more about our specialist college provision and see the college environment firsthand.

Who Can Attend?

Families / carers of young people aged **19-25** with an EHCP looking for college placements. Your young person is also welcome to attend. In order to keep tours smaller and more personal, we are limiting numbers so we respectfully ask you to limit your party to **2 persons**.

What to Expect.

- Presentation by Admissions and College staff at **1:00pm**
- Information about our curriculum, specialist support and pathways
- Opportunity to meet members of the college team
- Time to ask questions about admissions and placements
- Small-group guided tours of the college
- We expect the event to last 1 ½ to 2 hours.

Tour Dates

☐ **Friday 13 November 2026 at 1:00pm**

☐ **Friday 5 February 2027 at 1:00pm**

How to Book

Places are limited and booking is essential.

Please email the Admissions Team to book a place.

Email: admissions@stpiers.org.uk
Tel: 01342 831348

We Look Forward to Welcoming You to St Piers College

Our aim is to help young people to fulfil realistic aspirations, achieve their goals, and develop meaningful and relevant skills for everyday life in society.

Free programmes available at the Help Point

Christmas Festival

Brought to you by BurgessHill Town Council

26 - 29 November
Burgess Hill Town Centre

Christmas Lights Switch On ~ Food & Drink
Live Music ~ Entertainment
Free Family Activities & Lots More!

The Christmas Chalets are back!



For more information follow us on social media,
visit www.burgesshill.gov.uk/the-christmas-festival/
Call 01444 247726, or pop into The Help Point, 96 Church Walk

Thursday 26 November

CHALETS OPEN 11AM-7PM

THE STAGE, CHURCH WALK

11.15am ~ Burgess Hill Girls
1.45pm ~ Burgess Hill Academy
2.15pm ~ London Meed School
4pm-7pm ~ Tobias
5pm ~ Christmas Lights Switch On

OTHER LOCATIONS

Until 7pm ~ Late Night Shopping ~ Market Place Shopping
11am-7pm ~ Teacups Ride ~ Church Walk
2.45-4.45pm ~ Santa's Grotto ~ Market Place Shopping
4-6pm ~ Children's Crafts ~ The Hub
4-4.30pm ~ Storytime ~ The Library
4.50-6.50pm ~ LED Fairy ~ Church Walk
5.30pm & 7pm ~ Drama Workshops ~ Theatre Club

Friday 27 November

CHALETS OPEN 11AM-7PM

THE STAGE, CHURCH WALK

11am ~ Woodlands Meed & Al Start
12pm ~ Haywards Heath College
1pm ~ Aimee Iris
2pm ~ Southway School
2.40pm & 3.40pm ~ Rock Choir
4.20pm ~ Belle & Snow White
5pm ~ Small Talk

OTHER LOCATIONS

11am-2pm ~ Adult's Crafts ~ The Hub
11am-5pm ~ Burgess Hill Artists Fair ~ St John's Church
1-3pm ~ Printing Workshop ~ St John's Church
3-5pm ~ Santa's Grotto ~ Market Place Shopping
3-5pm Belle and Snow White ~ Church Walk
4pm ~ Walkhouse Gielgud Academy ~ Market Place Shopping of Performing Arts
5.15pm & 6pm ~ Fire Dancer ~ Church Walk

Saturday 28 November

CHALETS OPEN 10AM-8PM

THE STAGE, CHURCH WALK

10am ~ Burgess Hill Marching Youth
(starting in Market Place Shopping and marching to the stage)
11am ~ Mia Hayman-Lewis
12.30pm ~ Ariel Drama Acdemies
1pm ~ Niruththiyalayam School of Dance
2pm ~ Joe Parrott Music
3pm ~ DJ Deano
5.30pm ~ In Yer Face

MARKET PLACE SHOPPING

10.30am-12.30pm & 1-3pm ~ Santa's Grotto
11am-3pm ~ Community Market
11am ~ Salvation Army Band
1.30pm ~ Sussex Harmonisers

CHURCH WALK

10am-8pm ~ Ice Rink and Snow Globe
10am-8pm ~ Burgess Hill Creative Community Market
10am-2pm ~ Facepainting in the Help Point
11am-5pm ~ The Imperial Outlanders
1pm, 2pm & 3pm ~ Stocking Up!
2-6pm ~ Balloon Artist

OTHER LOCATIONS

11am-5pm ~ Burgess Hill Artist Fair ~ St John's Church & Gift Wrapping
12.15pm & 2.15pm ~ The Nutcracker & The Mouse King ~ Cyprus Hall
(doors open at 11.45am & 1.45pm respectively, the show is 1 hour long)
1-3pm ~ Printing Workshop ~ St John's Church

Sunday 29 November

CHALETS OPEN 10AM-4PM

THE STAGE, CHURCH WALK

10.30am ~ Ariel Choir
11.15am ~ Brighton School of Singing
12pm & 2pm ~ Tomfoolery
12.45pm ~ M&M Theatre
3pm ~ Vocal Dimensions Choir

MARKET PLACE SHOPPING

10.30am-12.30pm & 1.30-3.30pm ~ Facepainting
1pm ~ Tomfoolery

CHURCH WALK

10am-4pm ~ Ice Rink and Snow Globe
10am-4pm ~ Burgess Hill Theatre Club Craft Fair
12pm, 1.15pm & 2.25pm ~ Dickensian Ding Dong

OTHER LOCATIONS

4pm ~ Advent Carols ~ St John's Church



Tiny Tickly Tummies

Baby Massage • Reflexology • Yoga

NOVEMBER BABY COURSES

A little time to bond, connect and grow together

BABY YOGA

Thursdays | 10:00–11:00am

6-week course | 12 November – 17 December 2026

For babies aged 3 months to pre-walking

Gentle movement and yoga for baby and parent



BABY MASSAGE & REFLEXOLOGY

Thursdays | 11:30am–12:30pm

6-week course | 12 November – 17 December 2026

From birth to pre-crawling

Learn gentle techniques to soothe and relax your baby



£85 PER 6-WEEK COURSE

Park Centre, Burgess Hill

Follow @tinyticklytummies

www.tinyticklytummies.com

Scan to book

CHAT & CHILL

West Sussex · Parent Carer Forum ·

What is a Chat & Chill?

A relaxed, friendly space for parent carers of children and young people with SEND.

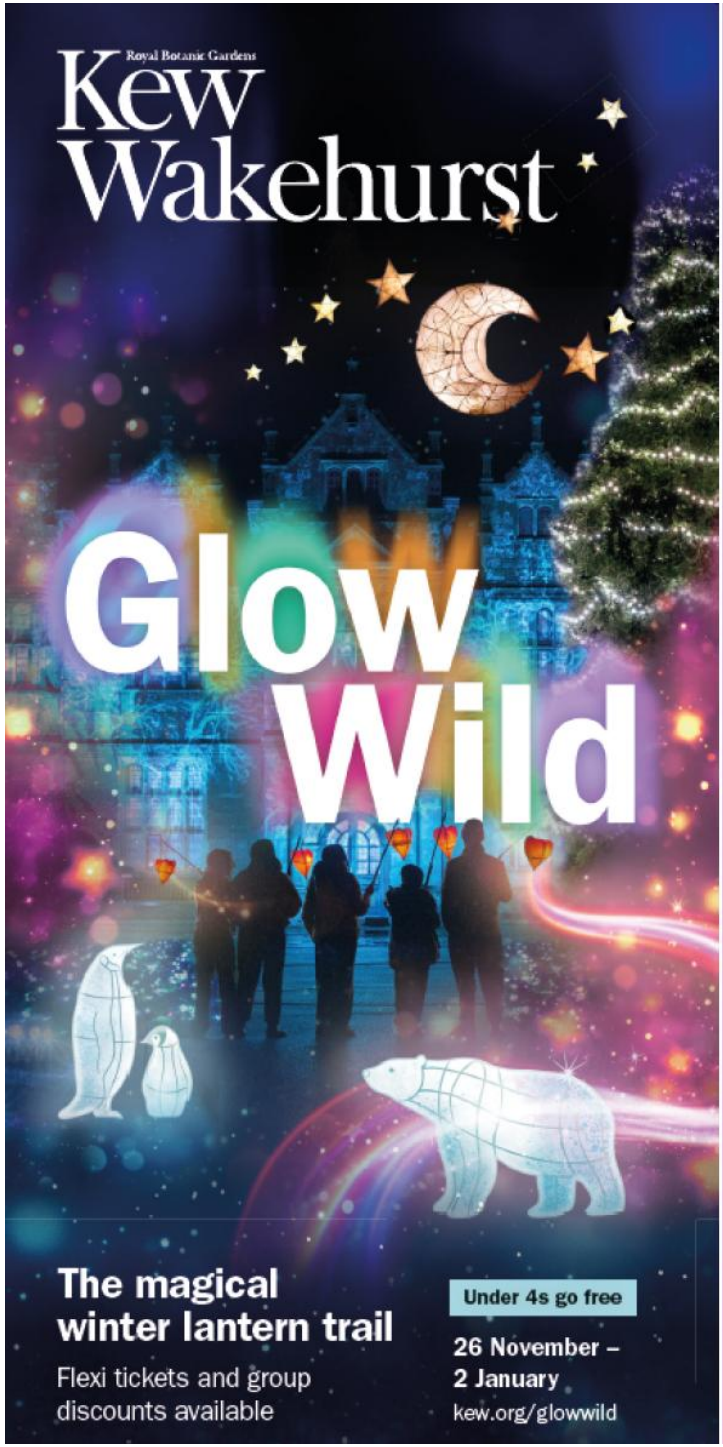
Whether you want to talk, listen, ask questions or just pop in for a cuppa, you're welcome.

☕ **Meet others who understand**
💬 **Share experiences**
🤝 **Feel supported**



No pressure, no agenda,
just good conversation.
No need to book
just drop in!

To find a Chat & Chill near you
visit: www.wspcf.org.uk/events



As darkness falls, let the magic begin…

Sussex's award-winning festive light trail sparkles with seasonal surprises. Featuring exclusive installations, thousands of handcrafted lanterns, and immersive music and performance, it promises more festive fun than ever!

Glow Wild invites visitors of all ages on an unforgettable journey In Search of Nature's Gifts. Grab a lantern and explore a world of wonder, unwrapping nature's magical moments along the way. Sail across enchanted waters, venture through frozen landscapes and encounter extraordinary creatures, characters and illuminated worlds. Marvel at the iconic Mansion projection and Giant Redwood Christmas Tree before a trip to Christmas Corner for sweet treats and festive eats.

Unsure of plans? Book today and swap dates up to seven days before your visit with a Reschedulable Ticket

Sessions to suit you

Glow Wild offers the perfect night for all, with early evening slots to suit little ones, sensory sessions for those who may benefit from a more relaxed, calmer environment, and exclusive adult-only slots.

Pre-book now for this sell-out Christmas event.

Tickets on sale now. kew.org/glowwild

Seasonal savings

- Off-peak, standard and peak options
- Under 4s and essential companions go free
- Group and family discounts
- Child pricing
- Exclusive member rate



kew.wakehurst Kew.wakehurst

Orchestras Inc.

Orchestras Inc. is our incredible SEND ensemble and is open to children and young people with additional needs, including those attending special schools, those at mainstream schools or colleges with additional needs and those who are home schooled.

The group is open to young people with a parent or carer for support.

No previous experience required but activities are suited to young people in key stages 2 and above (up to 25yrs).

To find out more please click the following link:

Orchestras Inc. | West Sussex Music

Navigate Workshops & Webinars 2026/27

Amazing Apprenticeships

NavigATE: What to expect from the apprenticeship recruitment process



Tess Clegg
Emerging Talent Lead
People Development
Met Office

Met Office

Join us

12 NOVEMBER at 3.30PM

amapps.uk/webinar-apprenticeship-recruitment-process

SCAN ME